The Institute for...

Lifelong Learning

Winter Term 2015
Welcome to the Institute for Lifelong Learning! I hope you will enjoy the new and the continued programming found in this winter catalog. There are many new programs such as Yoga for Seniors and Healing Touch Therapy. We have some great upcoming film viewings of “On the Town” and “The Glenn Miller Story” led by Margot Chesebro. There are returning favorites such as watercolor classes from one of our favorite instructors, Jean Weiner, and photography classes from another great instructor, Jerry Mennenga.

Our chief historian Russ Gifford will be exploring some intriguing topics such as an eight-week session called Pivotal Moments in American History. With the 150th anniversary of the ending of the American Civil War, Russ will also look back at what the war meant to Iowa in his Iowa and the American Civil War lectures. Be sure to check out his other offerings; they will not disappoint.

As I put the final touches on my second booklet as coordinator for this amazing program, I am beyond excited to jump into 2015! In one semester, I have met many remarkable people who are active members of Lifelong Learning. I am constantly inspired by what the program means to those who participate. Once such instance was through coordinating a photograph for breast cancer survivors that participate in our Stretch and Flex program. Make sure to take a look at the photo found on page 4.

Thank you so much for supporting our programs. Have a happy, and warm winter!

Mara Dekat, Coordinator, Institute for Lifelong Learning
(712) 274-8733, ext. 1864
mara.dekat@witcc.edu

To register, call (712) 274-6404
STRETCH AND FLEX

This is one of our most popular programs. Have fun working out in a healthy way. The program includes stretching and weightlifting to strengthen muscles and improve cardiovascular health. This class is one of our most popular, so be sure to sign up early to avoid disappointment!

Please note WITCC I.D. required (see column right).

**Tuesdays and Thursdays:**
9:30 to 10:30 a.m. (room is open 9 to 11 a.m.)

**Location:** Dr. Robert E. Dunker Student Center, Gymnasium and Aerobics Room W203

**Fee:** $8 per series  
**Max:** 90

Lifelong Learning membership required

**Series G:** 8 sessions  
January 6, 8, 13, 15, 20, 22, 27, 29  
*Course #15/FY-CPDV-2244-07*

**Series H:** 8 sessions  
February 3, 5, 10, 12, 17, 19, 24, 26  
*Course #15/FY-CPDV-2244-08*

**Series I:** 8 sessions  
March 3, 5, (no class March 10, college closed for staff development) 12, 17, 19, 24, 26, 31  
*Course #15/FY-CPDV-2244-09*

**Series J:** 9 sessions  
April 2, 7, 9, 14, 16, 21, 23, 28, 30  
*Course #15/FY-CPDV-2244-10*

**IMPORTANT NOTE:**

This class will be held in the Gymnasium in the Dr. Robert E. Dunker Center. In order to gain access to this room, you will need a student I.D.

Please bring a change of shoes with you, preferably athletic shoes/sneakers. The Aerobics Room, W203, is reserved for this class from 9 to 11 a.m. for warmups.

You can obtain your I.D. free of charge from Enrollment Services, Kiser Building, Entrance 1. Please allow time for your registration in the class as well as for your I.D. to be processed. For more information about policies regarding the Student Center, see page 5.

STRETCH AND FLEX SHOWCASE

Thank you to everyone who participated in our Lifelong Learning Stretch and Flex breast cancer survivor’s photo.
YOGA FOR SENIORS

The Institute of Lifelong Learning has partnered with Evolve Yoga to offer this great class! Join this class for seniors interested in learning beginning yoga. Yoga is known for improving mental focus, balance, strength, flexibility, circulation, and digestion, all while decreasing stress!

Please be sure to bring along an extra pair of soft-soled shoes such as running shoes or dance shoes to wear in this class, in order to protect the floor of the studio. WITCC provides yoga mats to use during your session; however, you are welcome to bring your own.

Thursdays, March 19, 26, April 2, 9, 16, 23; 11 a.m. to noon
Location: Dunker Student Center, Room W203
Fee: $15 Max: 25
Lifelong Learning membership required
Course #15/FY-CPDV-2792-01

IMPORTANT NOTE: This course will be held in the Dr. Robert E. Dunker Center, Room W203. In order to gain access to this classroom, you will need a student I.D. Once registered for the class, you can obtain your I.D. free of charge from Enrollment Services, Kiser Building. Please allow time for your registration in the class as well as for your I.D. to be processed.

YMCA Wellness Offerings

We are proud to offer a range of classes that partner The Institute for Lifelong Learning with the Norm Waitt Sr. YMCA.

These classes have been created exclusively for members of The Institute for Lifelong Learning. Participants do not need to be a member of the Norm Waitt Sr. YMCA to participate.

Some classes will be held at WITCC; others will be at the Y, which is located at 601 Riverview Drive, South Sioux City.

Participants in Lifelong Learning classes involving equipment need to be able to move independently.

AQUA FIT

This is a total body conditioning class that combines cardio, strength, and flexibility using all depths of the pool. Let the buoyancy of the water help give you a great low impact workout. Water dumbbells, noodles and kickboards will all be utilized to assist in delivering an excellent workout. Make sure to bring your swimsuit and towel. Swim shoes encouraged.

Tuesdays, Thursdays; 1:30 to 2:30 p.m.
Location: NWS YMCA Fitness Pool, 601 Riverview Drive, South Sioux City
Fee: $35 Max: 20 Lifelong Learning membership required

Series D: February 3, 5, 10, 12, 17, 19, 24, 26
Course #15/FY-CPDV-2710-05

Series E: March 3, 5, 10, 12, 17, 19, 24, 26
Course #15/FY-CPDV-2710-06

Series F: April 7, 9, 14, 16, 21, 23, 28, 30
Course #15/FY-CPDV-2710-07

Series G: May 5, 7, 12, 14, 19, 21, 26, 28
Course #15/FY-CPDV-2710-08

Series H: June 2, 4, 9, 11, 16, 18, 23, 25
Course #15/FY-CPDV-2710-09

IMPORTANT NOTE: This course will be held in the Dr. Robert E. Dunker Center, Room W203. In order to gain access to this classroom, you will need a student I.D. Once registered for the class, you can obtain your I.D. free of charge from Enrollment Services, Kiser Building. Please allow time for your registration in the class as well as for your I.D. to be processed.

To register, call (712) 274-6404

WITCC Spring 2015 Lifelong Learning – 5
YMCA Wellness Offerings

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Some classes will be held at WITCC; others will be at the Y, which is located at 601 Riverview Drive, South Sioux City.

Participants in Lifelong Learning classes involving equipment need to be able to move independently.

SENIOR STRENGTH CIRCUIT

This class is designed specifically for individuals 65+ years of age to help improve energy, strength, balance, and stamina. Increasing all these factors helps a person keep their independence, perform their daily activities and reduce their risk of injuries (from falls).

The Senior Strength Circuit will work on balance and strengthening all major muscle groups in a fun and supportive setting. Emphasis will be placed on proper weightlifting posture. Class sizes are small so everyone receives feedback from the instructor. WITCC I.D. required, see the important note on page 5.

Mondays; 10 to 11 a.m. or Wednesdays; 10 to 11 a.m.
Location: Dr. Robert E. Dunker Student Center, Room W206
Fee: $8 Max: 10
Lifelong Learning membership required

MONDAYS

Series C: February 2, 9, 16, 23
Course #15/FY-CPDV-2622-07

Series H: March 2, (no classes March 9, college closed due to staff development), 16, 23, 30
Course #15/FY-CPDV-2622-08

Series I: April 6, 13, 20, 27
Course #15/FY-CPDV-2622-09

FALLS PREVENTION: BALANCE MOVEMENT

Many falls can be prevented. Exercise is one of the best ways to improve balance and lower your chances of falling. Among older adults, about one out of ten falls results in a serious injury that requires hospitalization. This 30-minute class will work on improving balance to reduce fall-related risk and promote healthier, independent lifestyles.

Wednesdays; 9:15 to 10 a.m.
Location: Dr. Robert E. Dunker Student Center, Room W206
Fee: $8 Max: 10
Lifelong Learning membership required

WEDNESDAYS

Series J: February 4, 11, 18, 25
Course #15/FY-CPDV-2622-10

Series K: March 4, 11, 18, 25
Course #15/FY-CPDV-2622-11

Series L: April 1, 8, 15, 22
Course #15/FY-CPDV-2622-12

Series G: February 4, 11, 18, 25
Course #15/FY-CPDV-2770-07

Series H: March 4, 11, 18, 25
Course #15/FY-CPDV-2770-08

Series I: April 1, 8, 15, 22
Course #15/FY-CPDV-2770-09
QIGONG:
EXERCISES FOR MIND, BODY, SPIRIT

Qigong (or chi’kung) is an ancient Chinese health care practice that integrates physical postures, breathing exercises, and meditation. It involves methods of accumulating, circulating, and working with qi, or energy within the body. Qigong exercises have long been popular in the East, along with tai chi and yoga, as a means to improve health and achieve a peaceful state of mind.

It can be effective in reducing stress, increasing vitality and enhancing the immune system. The gentle, rhythmic movements of Qigong are well suited to most body types. It can also promote a youthful vitality.

In this series of classes, we’ll learn the history of Qigong and how to use Qigong to benefit our health. We will also practice Qigong postures and breathing exercises.

Additionally, we will discuss the similarities and differences between Qigong and Yoga.

Come join this wonderful practice to stay young and healthy and feel refreshed afterwards. Your instructor is Liang Gates, a native of China.

**Please be sure to bring along an extra pair of soft-soled shoes such as running shoes or dance shoes to wear in this class, in order to protect the floor of the studio.**

**IMPORTANT NOTE:**
This course will be held in the Dr. Robert E. Dunker Center, Room W203. In order to gain access to this classroom, you will need a student I.D. Once registered for the class, you can obtain your I.D. free of charge from Enrollment Services, Kiser Building. Please allow time for your registration in the class as well as for your I.D. to be processed.

**Series C:**
*Tuesdays, March 17, 24, 31, April 7, 14, 21; 11 a.m. to noon*
**Location:** Dunker Student Center, Room W203
**Fee:** $25  **Max:** 25  **Min:** 4
Lifelong Learning membership required
**Course #15/FY-CPDV-2488-03**

**Series D:**
*Tuesdays, April 28, May 5, 12, 19, 26, June 2; 11 a.m. to noon*
**Location:** Dunker Student Center, Room W203
**Fee:** $25  **Max:** 25  **Min:** 4
Lifelong Learning membership required
**Course #15/FY-CPDV-2488-04**

VISIT THE QWEST LOUNGE
Advanced Sciences Building, Entrance 4, Room L329
- Relaxing, cheerful environment  
- Book Exchange

To register, call (712) 274-6404
HOW TO OPTIMIZE YOUR HAPPINESS QUOTIENT

When was the last time you felt great satisfaction and a high level of fulfillment? What you were doing could be a clue to optimizing your happiness quotient. Learn how to get more of that feeling in your day each and every day. Discover your path to greater happiness and a life of significance. Can one person really make an impact to improve the world around you? Absolutely! Who has done it better than Mother Teresa? Pay it forward and begin the ripple effect. One act of kindness begets another act of kindness. What would it mean to you to know that you have made a difference? “Start where you are. Use what you have. Do what you can.” Arthur Ashe.

This course will help you discover who, what and where you can use your energies to increase your personal happiness.\n
Linda Holub is a life coach professional certified by the American Association of Christian Counselors (AACC) and author of “A Pearl of Great Value: Women in Search of a Purposeful Life.” Linda has a passion for helping people discover their unique design and their purpose fulfilling their dreams both in their personal and professional lives.

**Thursdays, March 12 and 19; 12:30 p.m. - 2:30 p.m.**

**Location:** Advanced Sciences Building, Room L412, Entrance 4, Lot 2

**Fee:** $25  **Max:** 10  **Min:** 5

Lifelong Learning membership required

Course #15/FY-CPDV-2793-01

ALZHEIMER’S ASSOCIATION PRESENTS

“KNOW THE 10 SIGNS: EARLY DETECTION MATTERS”

In 2011, the first wave of baby boomers began turning 65 — which is not only the age of Medicare eligibility, but it is also the age of greatest risk for developing Alzheimer's disease.

Early diagnosis gives individuals the power to make choices about their own health and future with Alzheimer’s in the picture.

This presentation will provide attendees with an understanding of the difference between age-related memory loss and Alzheimer’s and what to do if they or someone they know has signs of the disease. We will focus on the 10 warning signs, basic overview of Alzheimer's disease, risk factors, and the benefits of early detection.

Join Jeanne Steinkamp from the Alzheimer’s Association and the Institute for Lifelong Learning for this free presentation.

**Thursday, March 19; 10:30 a.m. to noon.**

**Location:** Advanced Sciences Building, Room L416/417, Entrance 4, Lot 2

**Fee:** No charge  **Max:** 100

Lifelong Learning membership not required

Course #15/FY-CPDV-2783-01
HEALING TOUCH THERAPY

Join instructor Jeanne Thune from Wellness Works Massage and Healing Touch for these great, free sessions. Healing Touch is a biofield therapy that takes an energy-based approach to health and healing. It uses touch and gentle hand movements to influence the human energy system. These non-invasive techniques utilize the hands to restore harmony and balance the energy system, placing the student in a position to self-heal. Healing Touch may be used with individuals of all ages and stages of health and illness.

Session A: Simple Pain Relief Techniques using Healing Touch
Come learn simple pain relief techniques that only require your hands and willingness. This workshop will be a fun time to learn simple things you can do to relieve arthritis pain, sinus congestion, muscle aches, paper cuts, and other issues needing some first aid.

Thursday, March 12; 10:30 a.m. - noon
Location: Advanced Sciences Bldg, Room L304, Entrance 4, Lot 2
Fee: No charge  Max: 20
Lifelong Learning membership not required
Course #15/FY-CPDV-2784-01

Session B: Headache Relief with Healing Touch
Tension, sinus or migraine headaches? Healing Touch has simple interventions that may help relieve your headache. Come and bring a friend to have some fun learning these healing touch techniques for various types of headaches.

Thursday, April 2; 10:30 a.m. - noon
Location: Advanced Sciences Bldg, Room L304, Entrance 4, Lot 2
Fee: No charge  Max: 20
Lifelong Learning membership not required
Course #15/FY-CPDV-2784-02

To register, call (712) 274-6404
NEW YORK CITY–TONY AWARDS TOUR:
THE BEST OF NEW YORK AND BROADWAY

Thursday-Monday; June 4-8, 2015

The $1995 trip includes the following:

- Round-trip airfare from Omaha Airport
- Transportation to and from the Omaha Airport
- 4 nights’ lodging—based on double occupancy (add $650 for a single)
- 4 breakfasts
- 3 dinners
- Ticket to the 2015 Tony Awards show at Radio City Music Hall
- Tickets to “On The Town” and “A Gentleman’s Guide to Love and Murder” on Broadway!
- A New York City tour
- Ground transfers to and from New York Airport

Min: 24   Max: 40

Lifelong Learning membership required.

Participants must be 16 years or older.

Deposit of $500 per person upon booking. Applications will be filled on a first-come, first-served basis.

Final payment will be due April 24.

DEPART: Thursday, June 4; 5:30 a.m. from Parking Lot 2B, WITCC campus

RETURN: Monday, June 8; 11 p.m. to Parking Lot 2B, WITCC campus

Early registration is strongly recommended.

See registration form.

SPACE STILL AVAILABLE!

NEW YORK CITY: TONY AWARDS TOUR REGISTRATION FORM

Registrations will be processed in order of receipt of payment per person with this form.

Please complete this form and return it to Mara Dekat, Lifelong Learning coordinator.

Name ___________________________________________ Phone ____________________

Address ______________________________________________________________________

E-mail _______________________________________________________________________

(check where applicable)

____ I am traveling with (name of person) __________________________ who will register separately and we will share a room. Course #15/FY-CPDV-2773-01 (Trip price $1995)

____ I am traveling alone and wish to register for single supplement. Course #15/FY-CPDV-2773-02 (Trip price $2645)

____ I am a current Lifelong Learning member. ____ I need to purchase a Lifelong Learning membership (required). Course #15/FY-CPDV-2200-01 ($5)

Enclose a check payable to Western Iowa Tech Community College

Mail this form and check to: Mara Dekat, Western Iowa Tech Community College, P.O. Box 5199, Sioux City, IA 51102-5199
THE BLACK HILLS BUFFALO ROUND-UP

Thursday-Monday;
September 24-28, 2015

Lifelong Learning members will spend five Autumn days touring the beautiful Black Hills area and attending the exciting world-famous Buffalo Round-Up.

The $699 tour includes the following:
• Round-trip motor coach trip from Sioux City
• Admission to all listed places and events
• 4 nights’ lodging—based on double occupancy; $699 per person ($300 single supplement)
• 4 breakfasts
• 4 dinners, including an exciting classic Chuck Wagon Cook-Out
• Transportation to the viewing area to catch the spectacular sight of the annual Buffalo Round-Up. Watch cowboys and cowgirls as they drive a stampeding herd of over 1,300 buffalo across the prairie.

We will see the following:
• Mount Rushmore
• The Crazy Horse Monument and Museum Center
• Historic Deadwood, South Dakota
• Custer State Park
• The majesty and the beauty of fall in the Black Hills

Depart: Thursday, September 24, 2015
Bus departs at 8:00 a.m. from the north end of parking Lot 2B, WITCC
Return: Monday, September 28, 2015
Bus returns 7:00 p.m. to the north end of Parking Lot 2B, WITCC
Min: 24 Max: 52

Early registration is strongly recommended. Lifelong Learning membership is required. Full payment is due on booking. For an additional fee of $35, you may purchase the cancellation waiver which provides a refund of the trip price at any time for any reason. We regret that there can be no refunds unless you have purchased the waiver. This waiver is nonrefundable and must be purchased when the ticket is purchased.

To register please contact: Mara Dekat at 274-8733, Ext. 1864

A LEGACY OF CARING:
THE MARY TREGLIA COMMUNITY CENTER

Every year, Lifelong Learners explore various interesting aspects of Siouxland—from visiting outstanding businesses to learning more about the various crucial social service agencies in our city. This trip takes us to a social service agency that has been a part of Sioux City for 93 years.

Since 1921, the Mary Treglia Community House has served Sioux City by responding to the varied needs of the immigrant communities that settled and assimilated into the fabric that is Sioux City.

We will learn and, in some cases, see first-hand how the Mary Treglia Community Center works with our immigrant population through pre-school, English classes and citizenship classes.

Named to honor the unrelenting efforts of a legendary Sioux City immigrant pioneer and civil rights activist, Mary Treglia, the Community House has been a vital and continuing force in the development of ethnically diverse Sioux City.

Adequate time will be given for questions and discussion.

Friday, April 10;
10:30 a.m. to noon
Location: 900 Jennings Street,
Sioux City
Fee: No charge  Max: 35
Lifelong Learning membership required
Course #15/FY-CPDV-2787-01

To register, call (712) 274-6404
AN IDYLLIC RETREAT TO THE PAST: THE HISTORIC HOTEL PATTEE, WINTERSET, AND THE BRIDGES OF MADISON COUNTY

Known as one of the Midwest’s finest hotels, the Hotel Pattee boasts of 40 theme rooms and suites celebrating Iowa’s history. A Prairie Style masterpiece, the Pattee features deluxe guest amenities, including a restaurant, bar, video library with book and video check out, a bowling alley, and health spa.

The tour includes:
- Round-trip coach transportation from Western Iowa Tech Community College
- Lunch at the Northside Café in Winterset where Clint Eastwood ate in the film, “The Bridges of Madison County”
- Admission to John Wayne’s boyhood home in Winterset
- View the famous Bridges of Madison County
- Evening dinner at the Hotel Pattee plus the opportunity to tour the various rooms with fellow Lifelong Learners. Each individual room is a masterpiece.
  (To view the various rooms, go to www.hotelpattee.com)
- Breakfast at the Hotel Pattee
- Time to explore Perry’s historic downtown, visit the library museum, or just relax in this beautiful Prairie Style gem

Fee: $199.00 per person double occupancy; $269 single supplement
Min: 24    Max: 46

Depart: Friday, May 15, 2015
Bus departs at 8:00 a.m. from the north end of parking Lot 2B, WITCC

Return: Saturday, May 16, 2015
Bus returns 6:00 p.m. to the north end of Parking Lot 2B, WITCC

To register please contact: Mara Dekat at 274-8733, Ext. 1864

HISTORIC BUILDINGS, DOWNTOWN LIVING, AND FINE FOOD

Our Lifelong Learning adventure will begin at the United Center building that was constructed as a warehouse at 302 Jones Street in 1904. Today it’s a creation of residential lofts on the top three floors and built-out on the bottom three floors as Class A Commercial space. To add charm, renovations left many of the original brick walls and century-old timbers exposed. Dozens of windows were added to let natural light flow inside.

The thought was that people would like living near the lively downtown historic district in a structure that preserved the original character of a warehouse. The 21 residential condos range from 850 to just under 2,000 square feet. Three of the condos are two-story lofts. A fitness center on the fourth floor and a roof garden complete the package. The condos offer an ease of living that’s hard to find elsewhere. We will tour both the commercial space and visit one of the United Center’s loft apartments.

The tour will then proceed to 700 4th Street to a building now known as Stifel-Nicolaus. Similar to the United Center, eighteen upscale lofts were created on the upper three floors. All residential lofts are single story, offering both two or three bedrooms and two or 2.5 bathrooms. The units range in size from just over 1,200 to just over 1,500 square feet. The lofts feature breathtaking skyline views, granite counter tops, and soaring ceilings. Again, the group will tour this spectacular living space.

The downtown architectural adventure will conclude with a delicious luncheon at La Trattoria Fresca. Our host will be Chef Israel Pabilla, the 2014 Winner of Sioux City’s “Best Chef Auction.”

Friday, April 24; 10:30 a.m. to 1 p.m.
Location: United Center Building, 302 Jones Street; Luncheon at La Trattoria Fresca to follow.

Fee: $12    Max: 30

Lifelong Learning membership required

Course #15/FY-CPDV-2790-01
THE GLENN MILLER-CLARINDA, IOWA TRIP: GET IN THE MOOD FOR FUN

Lifelong Learning members are headed on a nostalgic journey to Clarinda, Iowa, the birthplace of music legend Glenn Miller. The event is the annual festival named in his honor.

This is a wonderful trip opportunity to enjoy the history of this American hero; to see museums that honor the era in which he dominated the American popular music scene, and to listen to Miller’s great compositions and arrangements that remain an important and beautiful part of American culture. Think of these favorites: “In the Mood,” “String of Pearls,” “Moonlight Serenade,” “Tuxedo Junction,” “Chattanooga Choo Choo,” just to name a few. Don’t miss this chance to see the sights and to hear the sounds of a glorious time in American musical history.

The $99 tour includes the following:

- Round-trip motor coach trip
- Lunch
- Admission to the Glenn Miller Birthplace Museum
- Admission to the home where ALTON GLENN MILLER was born on March 1, 1904, (Glenn Miller’s daughter bought the home 25 years ago to preserve it as a museum in her father’s honor.)
- A ticket to the concert featuring “The Glenn Miller Orchestra”

Depart: Saturday, June 13, 2015
Bus departs at 8:00 a.m. from the north end of Parking Lot 2B, WITCC

Return: Saturday, June 13, 2015
Bus returns 9:30 p.m. to the north end of Parking Lot 2B, WITCC

Fee: $99 per person  Min: 24  Max: 52
Course # 15/FY-CPDV-2788-01
Waiver # 15/FY-CPDV-2788-02

Early registration is strongly recommended. Lifelong Learning membership is required. Full payment is due on booking. For an additional fee of $20, you may purchase the cancellation waiver which provides a refund of the trip price at any time for any reason. We regret that there can be no refunds unless you have purchased the waiver. This waiver is nonrefundable and must be purchased when the ticket is purchased.

INTRODUCTION TO THE iPAD

Apple’s iPad has sold millions of units since its debut in 2010. It has spawned many other brands of tablet computers and even Apple has produced five different versions.

Chris Mansfield will go through the basic “how to” operations of the iPad including: using the multitouch display, using Safari, watching videos, using e-mail, taking and viewing photos, and the wonderful world of apps! He will explain the benefits of the iPad versus a laptop or desktop as well as its limitations.

If you own an iPad you are welcome to bring it to class, but it’s not required.

Thursday, March 26; 6 to 8:30 p.m.
Location: Corporate College, Room B201, Entrance 10
Fee: $10  Max: 15  Lifelong Learning membership required
Course #15/FY-CPDV-2554-04

Thursday, April 2; 6 to 8:30 p.m.
Location: Corporate College, Room B201, Entrance 10
Fee: $10  Max: 15  Lifelong Learning membership required
Course #15/FY-CPDV-2554-05

Thursday, April 9; 6 to 8:30 p.m.
Location: Corporate College, Room B201, Entrance 10
Fee: $10  Max: 15  Lifelong Learning membership required
Course #15/FY-CPDV-2554-06

To register, call (712) 274-6404
A MOVIE TRIBUTE:
WORLD WAR II MUSIC AND THEMES

Lifelong Learners will view two films that feature World War II backgrounds and music and that look at sailors on leave or a soldier’s short musical life.

We will watch two classic films with this World War II background and theme relating to One Book One Siouxland 2015 selection, “Unbroken: A World War II Story of Survival, Resilience, and Redemption” by Laura Hillenbrand. Both of these films have been selected by the Library of Congress for “film preservation for culturally significant” movies. In addition, movie lovers will see some great Hollywood legends—Jimmy Stewart, Gene Kelly, Frank Sinatra, June Allyson, and Ann Miller, just to name a few.

Margot Chesebro will lead an informal discussion before and after each film. All films are shown free of charge on the big screen in the comfort of WITCC’s Cargill Auditorium.

ON THE TOWN (1949)
Movie Screening and Discussion

Winner of an Oscar for “Best Score,” “On the Town” is based on a Tony Award-winning Broadway musical. From the minute the picture opens in the Brooklyn Navy Yard, Gaby (Gene Kelly), Chip (Frank Sinatra), and Ozzie (Jules Munshin) are determined to find three women and to maximize their 24-hour leave before sailing off to battle. Adolphe Greene and Betty Comden’s screenplay still sizzles, and the picture frolics to Leonard Bernstein’s music like the Broadway original. Cinematic techniques have allowed the directors, Stanley Donen of “Singing in the Rain” fame and Gene Kelly, to include fast-paced, on-location scenes that prove New York City is a wonderful town! The whole show moves with Leonard Bernstein’s fast-paced rhythms and Jerome Robbins’ choreography through comedy, romance and Manhattan’s magical sites. With Gene Kelly in the lead role, the excellence of the dancing is guaranteed. And when he meets Miss Turnstile, the Subway Cinderella (Vera Ellen), magic is assured.

The guest presenter is educator Margot Chesebro, a board member of the Siouxland Institute of Film and One Book One Siouxland.

MPAA: Not rated (98 minutes)
Tuesday, March 31; 1:30 p.m.
Location: Cargill Auditorium, Entrance 14, Lot 4
Fee: No charge Max: 200
Lifelong Learning membership not required.
**A MOVIE TRIBUTE: WORLD WAR II MUSIC AND THEMES**

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**THE GLENN MILLER STORY**  
(1954)

**Movie Screening and Discussion**

At USO Canteens and barracks all over the world, the mellow swing jazz sounds of The Glenn Miller Orchestra serenaded and inspired the World War II generation and boosted morale. Actor and bomber pilot, Brigadier General James (Jimmy) Stewart stars in this appealing biography of the legendary Glenn Millar; June Allyson plays his wife, Helen.

Glenn Miller was born in Clarinda, Iowa in 1904. His story is that of a restless boy with an ambition to score music, play trombone in a band, and develop his own dance orchestra with a sound of its own. Miller succeeded as does the warm, appealing Stewart portraying him. As viewers, we also see the real contributions Miller made helping the morale of service men at the front.

In addition to the genuine appeal of this fine film, cameo appearances of Louis Armstrong, Gene Krupa, Ray Anthony, Artie Shaw, Tex Beneke and The Modernaires fill out the realism and the magical ease of the two stars’ performances.

The film ends as Miller’s life ended—with his disappearance in a military plane during World War II.

The film won the Oscar for “Best Sound Recording,” which reached number one on the Billboard Chart in 1954 for Best Album.

**MPAA:** Not rated (115 minutes)  
**Tuesday, April 21; 1:30 p.m.**  
**Location:** Cargill Auditorium, Entrance 14, Lot 4  
**Fee:** No charge  
**Max:** 200  
Lifelong Learning membership not required.

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“Jimmy Stewart and June Allyson appeared in two other films together—‘The Stratton Story’ and ‘Strategic Air Command’.”

— imdb.com

“Jimmy Stewart trained at the Sioux City Air Base before his military assignment. Glenn Miller headed the United States Army Air Force Band, stationed in England.”

— biography.com

“Glenn Miller’s trombone is on display at the National Museum of the US Air Force in Dayton, Ohio. The Miller estate allowed Stewart to ‘play’ the trombone in the film.”

— imdb.com/trivia

To register, call (712) 274-6404
Mark your calendar to attend one of Siouxland’s favorite events—the annual Siouxland Film Festival. The Siouxland Institute of Film, Inc. has been working for 11 years to promote independent film in the tri-state Siouxland area. With over 125,000 people living in the area, the Festival has become a highly anticipated event that invites audience involvement.

The 2015 annual Siouxland Film Festival marks some major changes from small beginnings; the Festival has grown into a large and ambitious event, drawing film entries from all over the world. In order to accommodate this increase in entries, the Festival is undertaking a major change. The Festival is expanding to 3 days and 3 venues, 4 screenings and a new 30-minute time limit.

**Thursday, February 26; 7 p.m.** Sioux City Art Center Auditorium: International/art house films

**Friday, February 27; 7 p.m.** Sioux City Public Museum: horror/sci-fi night

**Saturday, February 28; 2 p.m. and 7 p.m.** The Orpheum Theatre selected local and area films not previously shown and the Thursday/Friday first-place winners

Monetary prizes and trophies will be given to first, second, and third place winners in each category. All winners will be chosen by the audiences.

Who will win? Come and experience the fun on all three nights. Be on hand to cast your vote for the winners.

Western Iowa Tech and The Institute for Lifelong Learning are among the generous sponsors of this annual event.

**Note:** Members of the Institute for Lifelong Learning who have paid their membership fee will be notified in early February about a special opportunity regarding the Festival.

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**AN INVITATION FROM WITCC’S OVERLOOK CAFÉ**

The Overlook Café is a great meeting and resting place on campus. We are open from 7:30 a.m. to 1:30 p.m. and then again from 4:30 to 7 p.m. for all your meal, snack or drink needs. You can sit and relax in our comfortable booths any time.

We offer an extensive menu that is not expensive, as well as a very large variety of soda, coffee, cappuccino, and juice. We also offer a variety of quick, easy, and convenient food items that you can fix here (microwaves are available), or you can take them home. Everything we offer is available to eat in or carry out.

The Overlook Café has a large salad bar with a great variety of greens, toppings and salads including old favorites like potato salad, cole slaw, and even sweet salads. There is something for everyone!

We also carry a variety of desserts including reduced calorie and no-sugar-added choices.

Our staff is very friendly and willing to lend a hand, as well as offer suggestions. If you have questions, please don’t hesitate to ask.

The next time you are on campus, please stop in and visit! We will be happy to show you around!

_Cindy Nelson, Food Service Manager, Overlook Café_
**A NIGHT OF BUBBLES**

Bubbles! Bubbles! And more bubbles! Join us for a fun and informative evening that will focus on the wonderful world of sparkling wines.

This tasting will give you an opportunity to taste a wide array of sparkling wines from numerous regions such as Italy’s Prosecco, Spain’s Cava, and England’s Brut. The night will be sure to please!

Jerry Janssen will share some basic information that will help you develop a better understanding of sparkling wines. Jerry will talk about regional history, storage and what to pair with each kind of bubbly.

**Tuesday, April 28; 6 to 7:30 p.m.**
**Location:** WineStyles, 5002 Sergeant Road (next to Olive Garden, Lakeport Commons)
**Fee:** $15  **Max:** 20
Attendees must be 21 or over to participate
Lifelong Learning membership required
Course #15/FY-CPDV-2586-03

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**ADVENTURES IN COOKING WITH KORIE LOWN**

Delicious, Healthy Recipe Ideas for Spring

Hy-Vee’s registered dietitian Korie Lown will host a fun and interesting cooking class guaranteed to teach you how to prepare simple, healthy yet creatively adventurous recipes that will fit perfectly into spring.

Along with your fellow Lifelong Learning members, you’ll have the fun of eating everything that has been prepared in front of you by Chef Korie.

The group will meet at the Hamilton Boulevard north-side Hy-Vee Club Rooms.

**Friday, May 8; 11 a.m. to 1 p.m.**
**Location:** The Club Room, Hy-Vee, Marketplace Mall, 2827 Hamilton (access is via the steps left of the bakery at the rear of the store, turn right upstairs and follow the corridor signs to the Club Room).
**Fee:** $17 includes the class and lunch
**Max:** 24
Lifelong Learning membership required
Course #15/FY-CPDV-2640-02

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**WINE APPRECIATION FOR BEGINNERS**

Featuring the Wines of California

Tuesday, May 26; 6 to 7:30 p.m.

California is America’s leading producer of wine with 90 percent of this country’s wine production and is the fourth largest wine producer in the world following Italy, France and Spain.

With such a wide range of climates and landscapes including valleys, coasts, and foothills, California wine regions have a vast amount of diversity. The state produces wines made in almost every known wine style and has over a hundred grape varieties.

Jerry Janssen will share some basic information that will help you develop a better understanding of California made wines. Jerry will talk about regional history, storage and what to pair with each kind of wine.

**Location:** WineStyles, 5002 Sergeant Road (next to Olive Garden, Lakeport Commons)
**Fee:** $15  **Max:** 20
Attendees must be 21 or over to participate
Lifelong Learning membership required
Course #15/FY-CPDV-2586-04
WORLD CUISINES AND CULTURES

In this very popular series, you’ll explore the flavors and traditions of different countries around the world. Each meal will be prepared by resident chefs based on authentic recipes from each featured country.

Lifelong Learning coordinator Mara Dekat will talk about the colorful traditions and history of each nation.

This is a wonderful opportunity to taste delicious food and meet new friends. And what is best of all, you can travel without leaving home. No delays, no security!

SPAIN

Spanish cuisine varies from region to region and has been heavily influenced by Roman and Arab conquests. Because of changes in weather and landscape throughout Spain, regional cuisines can be very different. Two main ingredients will always be present: olive oil and garlic! Spain can always be counted on for fresh, flavorful and plentiful food.

Wednesday, April 29; 11:45 a.m. to 1:15 p.m.
Location: NorthPark, 2525 Nebraska Street entrance
Restaurant opens 11:30 a.m.
Fee: $10 (includes lunch) Max: 45 Lifelong Learning membership required
Reservations will be taken until April 22. Payment in advance required; no refunds after 5 p.m. on April 22.
Course #15/FY-CPDV-2534-03

EGYPT

Egyptian cuisine is rooted alongside its vast and ancient culture and shares similarities to other close-by Mediterranean regions. Bread is a staple of Egyptian cuisine and a central part of the meal and often used as “gamosa,” which means utensil. It is used to scoop up sauces and rice or as wraps to kebabs, falafel and other kinds of sandwiches. Many dishes incorporate the fava bean which originated in Egypt.

Wednesday, May 27; 11:45 a.m. to 1:15 p.m.
Location: NorthPark, 2525 Nebraska Street entrance
Restaurant opens 11:30 a.m.
Fee: $10 (includes lunch) Max: 45 Lifelong Learning membership required
Reservations will be taken until May 20. Payment in advance required; no refunds after 5 p.m. on May 20.
Course #15/FY-CPDV-2534-04

CREATIVE MICROWAVE COOKING

Whether you are interested in convenience, new ways to make classic favorites, don’t enjoy cooking large meals, have cooked long enough for others or don’t want to heat up the oven for a small meal…you are the perfect student for this class!

The head chef at Whispering Creek Senior Living will be demonstrating a delicious meal made right out of your microwave! He will include in each class:

- Instructions
- Ingredients
- Taste-testing

Please join us at Whispering Creek Active Retirement Community to learn an easy way to make wonderful foods for entertainment and eating via the convenience of your microwave!

Location for all sessions: Whispering Creek Active Retirement Community-2609 Nicklaus Blvd. (1 mile east on Whispering Creek Drive off of Morningside Ave. Take a left at the four way stop sign at the top of the hill).
Fee: $5 per session Max: 10
Lifelong Learning membership required

SESSION A: Appetizers
Tuesday, April 7; 11 a.m. to 12:30 p.m.
Course #15/FY-CPDV-2660-01

SESSION B: Desserts
Tuesday, May 5; 11 a.m. to 12:30 p.m.
Course #15/FY-CPDV-2660-02

SESSION C: Hors d’oeuvres
Tuesday, June 16; 11 a.m. to 12:30 p.m.
Course #15/FY-CPDV-2660-03
COFFEE AND CONVERSATION

This series emphasizes conviviality and conversation. Each session, a guest speaker gives a presentation on a topic with broad appeal. The format encourages audience participation and the free exchange of ideas.

We provide refreshments so please be sure to register to ensure adequate supplies.

Thursday, March 26;
10:30 a.m. to noon

1936 OLYMPICS

While millions were suffering in the worst economic depression of modern times, the 1936 Olympics offered a chance for hope, fame, and perhaps salvation. But it also offered Germany’s ruler, a man whose evil was not yet realized, a stage for his passionate belief in the superiority of all things German. The spectacle of the games would showcase his use of grand architecture and mythmaking to serve his goal of national aggrandizement. Of course, a few others, like American Jessie Owen, eagerly awaited the chance to challenge Hitler’s plans.

Join historian Russ Gifford in remembering the times and the people (like Louis Zamperini from the non-fiction novel “Unbroken: A World War II Story of Survival, Resilience, and Redemption,” the 2015 One Book One Siouxland selection) who made the 1936 Olympics a collision of Germany’s eugenics myths and American’s legendary belief in the common man, a world class contest.

Fee: No charge
Max: 100
Location: Advanced Sciences Bldg., Room L416/417, Entrance 11
Lifelong Learning membership not required
Course #15/FY-CPDV-2218-09

Thursday, April 9;
10:30 a.m. to noon

SIOUX CITY’S TOP TEN CELEBRATIONS

Throughout the town’s history, Sioux Cityans have planned, enthusiastically supported, and enjoyed many different types of celebrations. Through photographs and stories, curator of history Grace Linden’s presentation will give background information on various types of celebrations, such as the following: cultural and religious celebrations; Sioux City-based celebrations, i.e. the Centennial in 1954; military and memorial events; sporting events, and school contests or competitions. These “Top Ten” celebrations are based on their popularity, importance to Sioux City’s growth, and their overall enjoyment by the citizens.

Linden encourages audience members to bring their own individual lists of “Top Ten” celebrations. These audience ideas should create some lively discussions, memories, and fun.

Fee: No charge
Max: 100
Location: Advanced Sciences Bldg., Room L416/417, Entrance 11
Lifelong Learning membership not required
Course #15/FY-CPDV-2218-10

Thursday, April 16;
10:30 a.m. to noon

HOLLYWOOD IN THE HEARTLAND: THE BOOK OF FILMS

Share coffee and conversation with Dr. Marty Knepper, Professor of English at Morningside College. Knepper is a co-author, along with Dr. John Shelton Lawrence, of “The Book of Iowa Films.” This new work is a history of film in and about Iowa.

Dr. Knepper will cover the almost 100-year history of films made in Iowa, films about Iowa, Iowa natives as film stars, even films that mention the word “Iowa.” Think of “Field of Dreams,” “Music Man,” John Wayne and Donna Reed, just to name a few. This recently published book contains detailed information about over 400 Iowa films. Start making your list!

Adequate time will be provided for discussion, questions and, potentially, new ideas from your lists.

Fee: No charge
Max: 100
Location: Advanced Sciences Bldg., Room L416/417, Entrance 11
Lifelong Learning membership not required
Course #15/FY-CPDV-2218-11

To register, call (712) 274-6404
COFFEE AND CONVERSATION
This series emphasizes conviviality and conversation. Each session, a guest speaker gives a presentation on a topic with broad appeal. The format encourages audience participation and the free exchange of ideas.

We provide refreshments so please be sure to register to ensure adequate supplies.

Thursday, April 23;
10:30 a.m. to noon

UNITED AIRLINES
FLIGHT 232:
19 JULY 1989

Twenty-five years ago United Airlines Flight 232, a DC-10 airliner in route from Denver to Chicago, crash-landed at Sioux Gateway Airport after an explosion in the plane’s tail-mounted number two engine damaged the flight controls. Thanks largely to the skill of the crew and the readiness of first responders on the ground, 186 of Flight 232’s 297 passengers survived the horrible crash.

Matt Anderson, the Sioux City Public Museum’s exhibits preparatory, will discuss, with the use of photos, how the crash came about, the crew’s efforts to save the plane, and Siouxlanders’ heroic efforts to rescue and to treat the survivors.

Adequate time will be given for questions, comments and discussion of this topic that still remains a vivid memory to anyone living in the Siouxland area at the time.

Fee: No charge
Max: 100
Location: Advanced Sciences Bldg., Room L416/417, Entrance 11
Lifelong Learning membership not required
Course #15/FY-CPDV-2218-12

Thursday, April 30;
10:30 a.m. to noon

DESIGNING SIOUX CITY

The art and architecture of William Steele, William Beuttler, and K. E. Westerlind will be featured in this program, “Designing Sioux City: Early 20th Century Architects.” Tom Munson, the Museum’s archival records clerk, will showcase photographs and architectural drawings of existing and razed structures designed by three of the most prominent architects in the city’s history. Each helped change the architectural landscape of Sioux City.

• The Insurance Exchange Building opened in 1917. Its construction was funded by the Davidson Realty Co. and designed by Sioux City’s most prolific architects, William Beuttler and Ralph Arnold.
• The Art Deco Badgerow Building opened in 1933 and was dubbed the “Monarch of the City.” It was designed by Swedish immigrant K. E. Westerlind.
• The Woodbury County Courthouse, designed by William Steele and George Elmslie, was completed in 1918.

Using photos and archival materials, Munson will reveal the superb and varied architectural history of Sioux City. The program was partially made possible by a State Historical Society of Iowa HRDP grant, which helped in the preservation of the architectural drawings from the Museum’s fine collection.

Adequate time will be given for questions and discussion of this fascinating subject.

Fee: No charge
Max: 100
Location: Advanced Sciences Bldg., Room L416/417, Entrance 11
Lifelong Learning membership not required
Course #15/FY-CPDV-2218-13
ART AND SANDWICHES

Here's an opportunity to appreciate some of the finest art ever produced. In this series, we'll spend a delightful lunchtime session looking at a single masterpiece from the world of art, design, music and architecture.

Our guest speaker will present his/her personal choice of a masterpiece and invite your comments. The fee includes lunch from the Overlook Café. Please arrive before the start of class in order to allow time to obtain your lunch.

Wednesday, March 25; noon to 2 p.m.

**ALMOND BLOSSOM, 1890**

**Artist:** Vincent Van Gogh  
**Presented by Margot Chesebro**  
**Location:** Advanced Sciences Building, Room L304  
**Fee:** $8  
**Max:** 35  
Lifelong Learning membership required  
*Course #15/FY-CPDV-2538-03*

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Wednesday, May 13; noon to 2 p.m.

**THE ART OF PAINTING, c. 1666-1673**

**Artist:** Johannes (Jan) Vermeer  
**Presented by Margot Chesebro**  
**Location:** Advanced Sciences Building, Room L304  
**Fee:** $8  
**Max:** 35  
Lifelong Learning membership required  
*Course #15/FY-CPDV-2538-04*

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Wednesday, June 10; noon to 2 p.m.

**WOMEN OF JAZZ**

**Musicians:** Ella Fitzgerald, Billie Holiday and Sarah Vaughn  
**Presented by Eddie Dunn**  
**Location:** Advanced Sciences Building, Room L304  
**Fee:** $8  
**Max:** 35  
Lifelong Learning membership required  
*Course #15/FY-CPDV-2538-05*
Art patron Peggy Guggenheim signed a gallery contract in 1943 with former WPA artist Jackson Pollock to create a mural for the foyer of her new New York penthouse. The result, completed in 1943, was “Mural,” the approximately 8 feet by 20 feet easel canvas masterpiece that began the art world’s march toward Abstract Expressionism.

After a 19-month restoration at the J. Paul Getty Museum in Los Angeles, Pollock’s original and University of Iowa’s gem has been returned to its original brilliance. According to a Wall Street Journal article, the cleaning and varnish removal have revealed 25 different paint-color applications and definite brush strokes over a long period, resulting in vertical brown stick figures with swirls, curls and loops of the colors. According to Pollock, it’s “a stampede...[of] every animal in the American West.”

Insured for $150 million, “Mural” is part of the University of Iowa Museum’s Legacies for Iowa Collections Sharing Project. The painting was removed to the Getty from the university’s museum before the building was damaged by the 2008 Iowa floods. After this nine-month stay in Sioux City, the canvas is scheduled to leave April 1 for an international tour before its return to the United States.

Join Sioux City Art Center’s trained docents John Carter and Margot Chesebro as they guide you through this once-in-a-lifetime opportunity to see Jackson Pollock’s “Mural” (1943) in such a private and intimate surrounding. This show will help you see the Abstract Expressionist movement in a new light and make you extremely proud of the Sioux City Art Center’s 100 years of bringing the beauty of art and culture to our city.

At the tour’s conclusion, we will enjoy a delicious lunch catered by Aggie’s. Early reservations are advised for this blockbuster tour.

**Friday, March 27; 10:30 a.m. to 1 p.m.**

**Location:** Sioux City Art Center, 225 Nebraska Street

Luncheon in the Gardner Room following the tour

**Fee:** $12

Max: 30

Lifelong Learning membership required

Course #15/FY-CPDV-2771-02
BEGINNING
WATERCOLOR PAINTING
With Jean Weiner

This beginner’s class is a relaxing and enjoyable introduction to the art of creating your own watercolor paintings. Our friendly instructor, Jean Weiner enjoys putting fun into the process of painting. Her enthusiasm for painting, along with her knowledge of techniques for handling watercolor, create an atmosphere that makes the beginning painter feel welcome and confident. Drawing or sketching skills are not required. Students will follow Jean’s step-by-step demonstrations to create their own painting. She will show you several basic techniques for handling this paint medium.

Jean’s goal is to help each student achieve confidence with watercolor and create paintings they wish to frame and enjoy for years. Our art classes fill up quickly, so don’t hesitate to register if you’re interested.

Saturdays, March 21, 28, (no class April 4) April 11, 18; 2 to 4 p.m.
Location: Gaylord Smith Building, Art Studio, Room C129
Fee: $65 (includes materials) Max: 9
Lifelong Learning membership required
Course #15/FY-CPDV-2522-02

INTERMEDIATE
WATERCOLOR
Working from photographs with Jean Weiner

This class is geared for students already familiar with the medium of watercolor who wish to learn even more watercolor techniques that they can then use to develop their own original paintings.

Our friendly instructor, Jean Weiner, will teach you how she chooses and combines photo references as a basis for creating a watercolor composition. Jean will spend time emphasizing how the proper use of subject placement, light, bright color, contrast, and neutral tones will all make your painting come alive!

All students will benefit from individual instruction as they apply these concepts in the study piece Jean provides. Feel free to bring a snack or packed lunch.

Saturdays, April 25, May 2, 9, 16; 9 a.m. to 1 p.m.
Location: Gaylord Smith Building, Art Studio, Room C129
Fee: $80 (includes materials) Max: 9
Lifelong Learning membership required
Course #15/FY-CPDV-2615-02

LANDSCAPES IN WATERCOLOR
With Jean Weiner

This class is geared for students already familiar with the medium of watercolor who wish to learn how to design a landscape painting. We all have our own favorite photographs that make us smile! Maybe yours is a special landscape from a memorable journey or vacation? Let our friendly instructor, Jean Weiner, help you understand the basics of a landscape composition. She will provide a study piece for you and demonstrate, step by step, how to bring that painting to life! You will gain the confidence to apply what you’ve learned in class to develop your own painting that you can frame and enjoy for years to come. Feel free to bring a snack or packed lunch.

Saturdays, March 21, 28 (no class April 4) April 11, 18; 9 a.m. to 1 p.m.
Location: Gaylord Smith Building, Art Studio, Room C129
Fee: $80 (includes materials) Max: 9
Lifelong Learning membership required
Course #15/FY-CPDV-2785-01
THE LIFELONG LEARNING BOOK CLUB

Lunch and book discussions

The Lifelong Learning Book Club is a wonderful way to share ideas with people who love books. We'd love to have you join us! It's very informal and friendly – plus lunch is included.

Several copies of all our book selections are available from the WITCC library. If you are a member of the Sioux City Public Library system, you can check them out from WITCC or via inter-library loan through your own branch.

Book People at Marketplace Mall offers the following discount for Institute for Lifelong Learning book selections in addition to its regular discount of 20 percent on hardcovers over $15.95: a 15 percent discount on hardcovers under $15.95 and all paperback books. They order three times a week so the wait is not long.

THE HUNDRED-YEAR HOUSE

By Rebecca Makkai

“Rebecca Makkai is the acclaimed author of The Borrower. She returns with a dazzlingly original, mordantly witty novel about the secrets of an old-money family and their turn-of-the-century estate, Laurelfield. …In this brilliantly conceived, ambitious, and deeply rewarding novel, Rebecca Makkai unfolds a generational saga in reverse, leading the reader back in time on a literary scavenger hunt as we seek to uncover the truth about these strange people and this mysterious house. With intelligence and humor, a daring narrative approach, and a lovingly satirical voice, Rebecca Makkai has crafted an unforgettable novel about family, fate and the incredible surprises life can offer.”

From the publisher’s notes

The discussion will be led by Mara Dekat, Lifelong Learning coordinator.

Monday, February 9; 11:45 a.m. to 1:15 p.m.
Location: Wells Fargo Room, Room L110
Fee: $8 (includes lunch)   Max: 25
Lifelong Learning membership not required
Course #15/FY-CPDV-2208-05

ONE BOOK ONE SIOUXLAND READ-A-LIKE

THE BOYS IN THE BOAT

By Daniel James Brown

“'The Boys in the Boat' tells the mesmerizing tale of Joe Rantz and the 1936 Olympic eight-oar crew from the University of Washington. But it is much more than a story of athletic endeavor. It’s about a child abandoned by indifferent parents, Americans’ struggle to survive during the Great Depression, a young man’s love of a young woman, and the amazing physical and psychological demands of rowing. It’s about loss and redemption. It has drama and pathos and moral scope. And it culminates on an extraordinary international stage in Berlin in 1936, with Adolf Hitler looking on. …A testament to the power of sacrifice, hope, and trust in oneself and others, The Boys in the Boat speaks beautifully to what improbable feats can be accomplished when we look beyond ourselves.”

From the publisher’s notes

The discussion will be led by Margot Chesebro.

Monday, March 16; 11:45 a.m. to 1:15 p.m.
Location: Wells Fargo Room, Room L110
Fee: $8 (includes lunch)   Max: 25
Lifelong Learning membership not required
Course #15/FY-CPDV-2208-06
THE LIFELONG LEARNING BOOK CLUB
Lunch and book discussions

The Lifelong Learning Book Club is a wonderful way to share ideas with people who love books. We'd love to have you join us! It's very informal and friendly – plus lunch is included.

Several copies of all our book selections are available from the WITCC library. If you are a member of the Sioux City Public Library system, you can check them out from WITCC or via inter-library loan through your own branch.

*Book People* at Marketplace Mall offers the following discount for Institute for Lifelong Learning book selections in addition to its regular discount of 20 percent on hardcovers over $15.95: a 15 percent discount on hardcovers under $15.95 and all paperback books. They order three times a week so the wait is not long.

### THE 100-YEAR-OLD MAN WHO CLIMBED OUT THE WINDOW AND DISAPPEARED

By Jonas Jonasson

“A reluctant centenarian much like Forrest Gump…decides it’s not too late to start over . . .

After a long and eventful life, Allan Karlsson ends up in a nursing home, believing it to be his last stop. The only problem is that he’s still in good health, and in one day, he turns 100. A big celebration is in the works, but Allan really isn’t interested (and he’d like a bit more control over his vodka consumption). So he decides to escape. He climbs out the window in his slippers and embarks on a hilarious and entirely unexpected journey, involving, among other surprises, a suitcase stuffed with cash, some unpleasant criminals, a friendly hot-dog stand operator, and an elephant (not to mention a death by elephant).

It would be the adventure of a lifetime for anyone else, but Allan has a larger-than-life backstory: Not only has he witnessed some of the most important events of the twentieth century, but he has actually played a key role in them. Starting out in munitions as a boy, he somehow finds himself involved in many of the key explosions of the twentieth century and travels the world, sharing meals and more with everyone from Stalin, Churchill, and Truman to Mao, Franco, and de Gaulle. Quirky and utterly unique, ‘The 100-Year-Old Man Who Climbed Out the Window and Disappeared’ has charmed readers across the world.”

*From the publisher’s notes*

The discussion will be led by Mara Dekat, Lifelong Learning coordinator.

**Monday, April 13; 11:45 a.m. to 1:15 p.m.**
**Location:** Wells Fargo Room, Room L110
**Fee:** $8 (includes lunch)  **Max:** 25
Lifelong Learning membership not required
**Course #15/FY-CPDV-2208-07**

### 2015 ALL IOWA READS SELECTION

**MY NAME IS MARY SUTTER**

By Robin Oliveira

“In this stunning first novel, Mary Sutter is a brilliant, headstrong midwife from Albany, New York, who dreams of becoming a surgeon. Determined to overcome the prejudices against women in medicine--and eager to run away from her recent heartbreak--Mary leaves home and travels to Washington, D.C. to help tend the legions of Civil War wounded. Under the guidance of William Stipp and James Blevens-two surgeons who fall unwittingly in love with Mary’s courage, will, and stubbornness in the face of suffering—and resisting her mother’s pleas to return home to help with the birth of her twin sister’s baby, Mary pursues her medical career in the desperately overwhelmed hospitals of the capital.

Like Charles Frazier’s Cold Mountain and Robert Hicks’s The Widow of the South, ‘My Name Is Mary Sutter’ powerfully evokes the atmosphere of the period. Rich with historical detail (including marvelous depictions of Lincoln, Dorothea Dix, General McClellan, and John Hay among others), and full of the tragedies and challenges of wartime, ‘My Name Is Mary Sutter’ is an exceptional novel. And in Mary herself, Robin Oliveira has created a truly unforgettable heroine whose unwavering determination and vulnerability will resonate with readers everywhere.”

*From the publisher’s notes*

The discussion will be led by Donna Brooks, Graphics and Communication Specialist at Sioux City Public Library.

**Monday, May 11; 11:45 a.m. to 1:15 p.m.**
**Location:** Wells Fargo Room, Room L110
**Fee:** $8 (includes lunch)  **Max:** 25
Lifelong Learning membership not required
**Course #15/FY-CPDV-2208-08**

To register, call (712) 274-6404
Laura Hillenbrand is the author of bestseller *Seabiscuit: An American Legend.* “In boyhood, Louis Zamperini was an incorrigible delinquent. As a teenager, he channeled his defiance into running, discovering a prodigious talent that had carried him to the Berlin Olympics. But when World War II began, the athlete became an airman, embarking on a journey that led to a doomed flight on a May afternoon in 1943. When his Army Air Forces bomber crashed into the Pacific Ocean, against all odds, Zamperini survived, adrift on a foundering life raft. Ahead of Zamperini lay thousands of miles of open ocean, leaping sharks, thirst and starvation, enemy aircraft, and, beyond, a trial even greater. Driven to the limits of endurance, Zamperini would answer desperation with ingenuity; suffering with hope, resolve, and humor; brutality with rebellion. His fate, whether triumph or tragedy, would be suspended on the fraying wire of his will.

_Unbroken_ is an unforgettable testament to the resilience of the human mind, body, and spirit, brought vividly to life by *Seabiscuit* author Laura Hillenbrand.”

From the publisher’s notes

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**LOOKING FOR A GOOD READ OUTSIDE OF THE LIFELONG LEARNING BOOK CLUB?**

The 2015 One Book One Siouxland selection is “Unbroken” By Laura Hillenbrand.

**CAMP ALGONA POW**

During World War II, Algona, Iowa, was the site of a Prisoner of War camp that held 10,000 German prisoners from April 1944 to February 1946. Join Jerry Yocum, curator of Camp Algona POW Museum, as he presents history of the POW camps. He will also highlight how POW camps in the United States differed from others around the world during the war.

*Saturday, March 21; 2 p.m.*

*Location:* Gleeson Room, Wilbur Aalfs Library, 529 Pierce St., Sioux City

*Fee:* No charge

Lifelong Learning membership not required

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**MUSIC OF THE 1940s**

“Play It Forward” is pleased to be back again to offer a night of Music from the 1940s! This evening will be sure to delight as the popular group will present an evening of World War II style music.

“Play It Forward” includes some of Siouxland’s favorite musical talents: Bob Barry, Joanne Fox, Julie Hlas, Brian Mathers, Mike Skaff, Suzy Turnquist, and Dave Washburn. “Music on a Mission” is the group’s tagline. They donate all their performance fees to local charitable organizations.

The group’s blend of commentary, satire and lovely music is a great show for all ages and tastes. Complimentary coffee and cookies will be served after the performance.

*Sunday, April 12; 2 p.m.*

*Location:* Lewis and Clark Interpretive Center, 900 Larsen Park Rd., Sioux City

*Fee:* No charge

Lifelong Learning membership not required
BEGINNING BIRD WATCHING

Welcome to Beginning Bird Watching. We hope you'll join us on this nature discovery adventure.

The Siouxland area is a migration fly-way for many species of birds. The area's rivers and, more importantly, marshes, are welcome stopovers for migrating waterfowl and shorebirds. Several of these species will spend the summer in the area also.

For the first session, we'll meet in the classroom and discuss what equipment is needed. The bare essentials are a good pair of binoculars and a bird field guide. From there, you can add a spotting scope with tripod, bird-call players, a harness for your binoculars, and a camera to record the beautiful birds you will see. There will be samples of this equipment for you to look at so you can decide what will work for you. You will learn how to identify birds with the use of photo examples. The last part of the session will be spent birding on the WITCC campus.

Sessions two and three will be spent away from campus, so you'll need transport. We'll meet at the Singing Hills Walmart parking lot, northeast corner.

September and October can be blustery, so wear comfortable shoes and warm layered clothes, including a hat and gloves, that you can adjust to temperature changes and wet weather. We will bird watch rain or shine for all sessions.

Binoculars will be needed, but a birding field guide is optional. Bring your own if you have one. Extra binoculars and field guides will be available if you need them. If you want to buy your own field guide, remember you will be carrying it while in the field and a large volume will be heavy. There are many good field guides so look around for one that suits you.

Birding is a relaxing way to enjoy nature. Beware, it can be addictive!

Saturday, March 21; 8 to 10 a.m.
Location: Advanced Sciences Building, Room L208

Saturdays, March 28 and April 11; 8 to 10 a.m.
Location: Walmart Singing Hills parking lot, northeast corner
Fee: $15 Max: 15
Lifelong Learning membership not required
Course #15/FY-CPDV-2741-02

Come Read, Listen, or Watch: All About it at WITCC Library!

Western Iowa Tech Library isn't just about textbooks. Our magazine, books and audio/video collections serve a vast range of interests and hobbies. We have lots of fun stuff!

There are more than 50,000 items to choose from. You can pick out anything from a classic movie starring Humphrey Bogart or a new Tom Hanks drama. We have thousands of contemporary fiction and non-fiction books as well as literature from the past. We even have books for children. If reading isn't your pastime, maybe an audio book is for you; they make traveling or commuting fly by.

We have multiple options for you to check out materials. We can get interlibrary loan-copies of books from other libraries locally, regionally and even around the world. Sioux City residents can access our cooperative arrangement with the Sioux City Public Library for title availability.

You might just enjoy hanging out in our magazine and newspaper lounge. We have newspapers from all over the area, as far north as the Sioux Falls Argus Leader or as far south as the Omaha World-Herald. All you need to check out books is a current WITCC student I.D. or a driver's license. We are open Monday to Thursday 7:30 a.m. to 8 p.m., Friday 7:30 a.m. to 5 p.m., and Saturday 8 a.m. to noon.

Please stop and see us; we are here to help you!

To register, call (712) 274-6404
TRAVEL THE WORLD AND GET PAID FOR IT  
**Friday, January 23; noon to 1 p.m.**  
**Presented by Davidson Wissing**  
World traveler and former Western Iowa Tech student, Davidson Wissing has traveled to almost every continent, usually on a shoestring budget. As a Peace Corps Volunteer stationed in Ukraine, he was able to visit 11 different countries in just 27 months while being paid $250 a month. In this presentation he will share his best practices that allowed him to get the most for his dollar and how you can apply these techniques the next time you travel.

I DON'T GET IT: ABSTRACTION AND THE ART OF LETTING GO  
**Friday, February 20; noon to 1 p.m.**  
**Presented by Brendan Todt**  
Through the end of March, the Sioux City Arts Center is exhibiting Jackson Pollock’s *Mural*. WITCC English instructor Brendan Todt will discuss Pollock’s approach to art—namely abstract expressionism—and how an understanding of some visual arts can help us confront the more intimidating literary ones, particularly the poetry of Gertrude Stein and Kenneth Koch.

POETRY, PROSE AND PICTURES: “THE LOESS HILLS PROJECT”  
**Friday, March 20; noon to 1 p.m.**  
**Presented by Kay Scott**  
WITCC speech and drama instructor Kay Scott will read from a work in progress, “The Loess Hills Project,” featuring photographs taken by Carla Hayes Manzuk. Scott is a writer and actress having written, read, and performed her work from Iowa to New York City.

VERNON TOTT, WWII VETERAN AND PHOTOGRAPHER  
**Friday, April 10; noon to 1 p.m.**  
**Presented by Dr. Ann K. Petersen**  
Dr. Ann Petersen, Professor Emerita from Buena Vista University and English instructor at WITCC, is writing the story of Vernon Tott, World War II veteran and amateur photographer. Over the past seven years, Peterson has traveled to Poland, Germany, Egypt and Israel, as well as throughout the United States to conduct research on Tott and his experiences photographing the war and its human cost. She will share what she has found through her presentation at this Bacon Creek event.

HOWDY, MR. ROOSEVELT: THEODORE ROOSEVELT AS CHARACTER IN WESTERN NOVELS  
**Friday, May 8; noon to 1 p.m.**  
**Presented by Helen Lewis**  
WITCC English instructor Helen Lewis explores the realities and the stretches of truth in the development of Theodore Roosevelt as a character in Western fiction. While Roosevelt carefully created his persona as a rugged ranchman able to handle himself in the Dakota frontier, writers of Westerns have employed the tales to embellish their own novels of the Dakota Territory.

Contact: Leslie Erickson at 274-6400 ext. 1801, for further details.  
**Location for all sessions:** Wells Fargo Room, L110  
**Fee:** No charge  
Lifelong Learning membership not required
MAHJONG FOR BEGINNERS

Mahjong is an ancient Chinese game that offers a great way to exercise your mind.

Played by four people sitting at a table, mahjong is always challenging and exciting. Because it involves strategy and problem solving, some people believe that the game helps develop memory skills.

The game does require concentration but can be lots of fun and provides an opportunity to meet people and socialize.

Mahjong takes time to learn and even longer to master. But once you do, your ability to excel in the game is limitless and can bring great satisfaction and enjoyment.

Your friendly instructor is Liang Gates, a native of China, who will introduce you to the basics so that you can start playing this wonderful game.

Location: Advanced Sciences Building, Room L329, Entrance 4
Fee: $25 Max: 8 Min: 3
Lifelong Learning membership required

Series C:
Tuesdays, March 17, 24, 31, April 7, 14, 21; 1 to 3 p.m.
Course #15/FY-CPDV-2578-03

Series D:
Tuesdays, April 28, May 5, 12, 19, 26, June 2; 1 to 3 p.m.
Course #15/FY-CPDV-2578-04

CHINESE POKER FOR BEGINNERS

Chinese Poker is a card game that's very popular in Asian countries. In China it is one of the most popular games played by families and community members.

Played by four people, Chinese poker is always fun and challenging. It is a game based on luck as well as strategy. Although the rules are not complicated, it does take a lot of practice to become an advanced player. The game uses a standard set of playing cards.

Chinese poker is a great game to play with your family and friends as it provides a simple way to promote togetherness and sociability. It can be a gambling game, but in this class we'll play just for fun.

You will learn the rules of the game and practice what you've learned while using cognitive and logical thinking. Come and enjoy this fascinating game!

Your friendly instructor is Liang Gates, a native of China, who will introduce you to the basics so that you can start playing this wonderful game.

Thursdays, March 26, April 2, 9, 16, 23, 30; 1 to 3 p.m.
Location: Advanced Sciences Building, Room L329, Entrance 4
Fee: $25 Max: 8 Min: 3
Lifelong Learning membership required
Course #15/FY-CPDV-2780-01

INTRODUCTION TO FLOWER ARRANGING

Flower arranging is soothing, satisfying and lots of fun! It’s a great way to express your creativity. Flower arrangements can be used to decorate your home or to send a special message to a friend or loved one. Nothing lifts the spirits more than a gorgeous floral display.

This class will help you develop your talent and confidence in this very special art.

All the classes feature brand-new designs. So if you are a returning student, you can be sure you will learn something unlike anything you’ve created before.

No previous experience of flower arranging is needed. Our expert instructor, Gordon Drive Hy-Vee Floral Manager Gail Pieper, will take you gently through the steps.

Please bring scissors, a knife and small clippers or wire cutters. Hy-Vee will supply all the other materials including flowers and containers. At the end of each class, you’ll be able to take home your own unique, beautiful arrangement.

Location: Hy-Vee, 3301 Gordon Drive, Sioux City; Second floor conference room, located via stairs between bakery and meat department.
Fee: $25 each session Max: 10
Lifelong Learning membership required
Course #15/FY-CPDV-2484-01

FLOWER ARRANGING FOR SPRING
Tuesday, April 14; 1:30 to 3 p.m.
Spring is a glorious time of the year and a wonderful opportunity to experiment with the bounty of Mother Nature. Hop on in and learn how to make a lovely, distinctive arrangement from the gorgeous blooms of spring.
Course #15/FY-CPDV-2484-01

NEW IDEAS IN FLOWER ARRANGING
Tuesday, May 19; 1:30 to 3 p.m.
The world of flower arranging is constantly changing and expanding. Come learn new ways of flower arranging to produce your own beautiful arrangement.
Course #15/FY-CPDV-2484-02

To register, call (712) 274-6404
ENCOUNTERS WITH ANCIENT EGYPT

The civilization of ancient Egypt, which lasted from 3,000 B.C. to 332 B.C., when it was conquered by Alexander the Great, continues to enthrall us. Egyptologist Mary Vaught will explore this fascinating world in images and words.

THE “LOST” CITY OF AMARNA

Egypt is a country with a long and varied past. Layer upon layer of history can be found all over the Nile Valley. The continued occupation of cities and towns in Egypt can be seen all along the Nile with one, intriguing exception: the city of Amarna, known as Akhetaten (Horizon of the Aten) in Ancient Egypt. This city is an anomaly. The area of the city was effectively a virgin site built by the Pharaoh Akhenaten (ca. 1353 B.C.) as a new capital, abandoned shortly afterwards, and not occupied again until Roman times. We will look at why it was built and even more importantly – why it was abandoned so quickly and completely.

**Thursday, April 9; 7 to 8:30 p.m.**
**Location:** Advanced Sciences Building, Room L212
**Fee:** $5
**Max:** 30
Lifelong Learning membership required

Course #15/FY-CPDV-2359-03

ASK THE EGYPTOLOGIST

While lectures can be interesting and informative, sometimes you just want to ask questions and get answers to “things that make you go - Hmm…” This is your chance to discuss and explore your queries and quandaries about Ancient Egyptian history, archaeology, architecture, literature, et al. Come enjoy an evening of discussion, information and fun!

**Thursday, April 23; 7 to 8:30 p.m.**
**Location:** Advanced Sciences Building, Room L212
**Fee:** $5
**Max:** 30
Lifelong Learning membership required

Course #15/FY-CPDV-2359-04

EUROPEAN TRAVEL:
LANDS OF THE VIKINGS AND SWISS ALPS SPLENDORS

Join Mary and Bill Klein as they relive their recent train and ferry travels to the historic cities of Scandinavia, viewing ancient Viking Ships, long-ago homes and farms, and the breathtaking scenery of the fjords. The raw beauty of Iceland's steaming, lava rock-strewn terrain and majestic Swiss Alps vistas complete the tour.

**Wednesday, April 22; 10:30 a.m. to noon**
**Location:** Wells Fargo Room, L110
**Fee:** No charge  **Max:** 40
Lifelong Learning membership not required

Course #15/FY-CPDV-2747-01

To register, call (712) 274-6404
AMERICAN HISTORY

IOWANS AND THE AMERICAN CIVIL WAR, 1863-1865

Session 1: On the March, 1862-1865
As we approach the 150th anniversary of the ending of the American Civil War, we look back to see what that war meant to Iowa and Iowans. Join historian Russ Gifford as we examine the home front in the last half of the war, and where Iowa’s troops traveled in the Civil War.

We pick up our troops at the end of Shiloh, where many troops saw the elephant for the first time. The frightening experience of being in battle was likened to the first time a child might experience seeing an enormous elephant at a circus – it could send them running, or they might stand their ground. But the next time, they at least knew what to expect. Most Iowan troops stood their ground at Shiloh, but some did not, and much like Ulysses S. Grant, Iowan troops were considered suspect by many other commanders.
But they continued to fight. We will follow Iowa troops from Corinth, Mississippi, and march along with them as they and William T. Sherman make the historic march to the sea. We’ll join them in one of the last battles in Mobile, Alabama, as they cracked the line that ended the effectiveness of the Southern Rebels protecting the fort and the bay. We’ll also check in on the many small battles that raged in Arkansas and Louisiana, and finally follow them back home to Iowa.

Wednesday, April 29; 6:30 to 8:15 p.m.
Location: Cargill Auditorium, Entrance 14, Lot 4
Fee: No charge    Max: 200    Lifelong Learning membership not required
Course # 15/FY-CPDV- 2782-01

Session 2: Back in Iowa, 1865-1870
Iowans brought their observations and experiences home, but what had happened at home during their absence? How would Iowa troops react in the post war era? What significant political and historic events would they participate in following the war? Iowa’s contribution to the war, and the results of that contribution are many, and from Greenville M. Dodge’s office in Council Bluffs to the railroad he and many veterans helped construct, there is much to discuss in this session!

Friday, May 1; noon to 1:30 p.m.
Location: Cargill Auditorium, Entrance 14, Lot 4
Fee: No charge    Max: 200    Lifelong Learning membership not required
Course # 15/FY-CPDV- 2782-02

HAS LIFELONG LEARNING MADE A DIFFERENCE IN YOUR LIFE?
As you think about local organizations you’d like to support with a charitable gift, please consider the Institute for Lifelong Learning. The Institute was created 18 years ago to serve the community with affordable programs that inform, educate and entertain. Since then, the number of programs has risen exponentially. We offer many special events at low cost or no cost. Yet we have never raised the $5 membership fee.

Your tax-deductible gift will help us stay strong and continue to offer a valued service to the community. Gifts may be sent to: The Institute for Lifelong Learning, Western Iowa Tech Community College, 4647 Stone Ave., Sioux City, IA 51106

Our grateful thanks to the following donors who have made recent donations:

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• Donna Shaver
• Brent Stockton

To register, call (712) 274-6404

WITCC Spring 2015 Lifelong Learning – 31
By the time of Franklin D. Roosevelt’s inauguration, the country was all but bankrupt. Following years of a continuing economic depression, the Federal Reserve couldn’t meet the meager government payroll. On the day of FDR’s inauguration, for the first time both the New York Stock Exchange and the Chicago Board of Trade were closed. In effect, the financial heart of the country had stopped beating.

If the American Civil War can be seen as the second American Revolution, the financial crisis and the New Deal are the genesis of the third American Revolution. Was it truly a revolution? Was it necessary? News channels today openly question the choices made by Roosevelt, and his rights to do so – but without the facts of the situation, can we actually evaluate the validity of the choices made?

As we pass the 70th anniversary of Roosevelt’s death, The Institute for Lifelong Learning looks back to see the challenges millions of America faced, and the tools FDR used to revive the American financial markets, the banks, the businesses and the family farmers.

Join historian Russ Gifford for these two sessions examining this fascinating time in American history. Using newsreels, pictures, letters, and speeches, we’ll see and experience the times when Roosevelt faced one of the greatest crisis’ in American history. Then make your own decision about if his choices were justified, and if they still have validity today!

**SESSION 1: THE RISE OF THE NEW DEAL**

*Wednesday, April 15; 6:30 to 8:30 p.m.*

Financial devastation from the first three years of the Great Depression forced millions to seek a new start. As events continued to press people, how did Roosevelt, as he stated in his first speech as President, convince people they “have nothing to fear but fear itself?”

It was a time when Europeans began demanding dictators and controlled economies to quell the problems. Millions of people by the winter of 1933 would be facing their third winter without a job, Roosevelt feared starvation could follow if things continued without change.

If rock-ribbed rural areas like Plymouth and Woodbury counties in Iowa were rising against local governments and legal officers, how did Roosevelt convince Americans to instead rely on the ballot box and the Constitution? Or did he?

During this talk, we’ll see the efforts led by people like Sioux City native Harry Hopkins and Iowan Henry Wallace to create a new start. We’ll also examine the legislation the New Deal created, and the controversial choices some of these bills embraced for financial, farming, and industry, workers and business owners.

Questions remain. Were these choices as extreme as they are painted today? If so, were they necessary? And what were the results of these choices? In answering these questions, we will look at the national level, and the local one as well, remembering what impact the New Deal had in Siouxland!

**Location:** Cargill Auditorium, Entrance 14, Lot 4

**Fee:** No charge  **Max:** 200

Lifelong Learning membership not required.
THE DR. ROBERT E. DUNKER ANNUAL LECTURE

This is the fourth in an annual series of events named in honor of Dr. Robert E. Dunker, president emeritus of Western Iowa Tech Community College and founder of The Institute for Lifelong Learning.

AMERICAN HISTORY CONTINUED

SESSION 2: THE CONFRONTATION: FDR AND THE SUPREME COURT

Friday, April 17; noon to 1:30 p.m.

After the landslide election of Roosevelt to the presidency, he responded with an avalanche of bills in the first 100 days that revamped how the federal government interacted with business and individuals. An army of bright young men (mostly) descended on Washington, D.C. to enact these changes, and these new dealers, as they became known, carried out the work with gusto. They populated the alphabet programs the legislation and brought new ideas and new energy to the American government. To many, the legislation seemed revolutionary, but also the entire situation looked like a revolution!

Not everyone agreed that a revolution was acceptable. In 1935 the Supreme Court began its counterattack. They struck down the National Regulatory Authority’s legal ability to regulate business. In 1936, they overturned the far reaching rules that gave the Agricultural department the right to decide what farmers could produce and grow. But they did not stop there. Eventually, they overruled 11 of 16 alphabet agencies. Had Hoover been right? Was the American government powerless to resuscitate the American experiment? As 1937 dawned and the Court weighed its next target in New Deal legislation, Roosevelt struck back.

This sets up the historic confrontation between a popular elected president and the politically appointed justices. The result has come down in history as “A Change in Time Saves Nine” – but the details of the story of the confrontation have been lost in the haze of time. But this story may astound you! We’ll examine this pivotal moment in history, filled with drama and surprising twists to see who won, who lost, and the far reaching results of this incredible confrontation!

Was the New Deal truly the “Third American Revolution?” Join us for this session, and join the discussion!

Location: Cargill Auditorium, Entrance 14, Lot 4

Fee: No charge  Max: 200

Lifelong Learning membership not required

“WIT’s Lifelong Learning offers varied opportunities for learning, obviously, but in addition, the opportunity to meet people and share ideas. The programs cover a wide range of interesting topics, and we look forward to a great way to start the day – good food, engaging presentations, and camaraderie.”

Glen and Judy Hayworth, Lifelong Learning members

To register, call (712) 274-6404
PIVOTAL MOMENTS IN AMERICAN HISTORY

There are hundreds of hinge moments in our American past, points where the reasons a path was chosen was not ordained, but happened by the choice of a few people, or by luck. But many of these stories lose their meaning when they are reduced to history.

Join Russ Gifford for this series that seeks to reclaim the thrilling stories and sometimes the obscure issues that caused these events, by revisiting the moment in time, and telling the rest of the story!

Location for all sessions: Advanced Sciences Building, Room L304
Fee: No charge    Max: 35    Lifelong Learning membership not required

THE BILL OF RIGHTS – 1791
The Bill of Rights is invoked constantly. References to the first, second, fifth and sixth amendments are made frequently. But many Americans were taught the Bill of Rights were part of the Constitution. However, it was not part of the Constitution and required the first exercise in the passage of amendments to include these all important rights! What prompted the separate adoption of this important list of rights? Of the many amendments Congress proposed, which ones were not adopted?

Monday, February 2; noon to 2 p.m.
Course # 15/FY-CPDV-2781-01

THE WAR OF 1812
While many Americans can tell you that the War of 1812 brought Andrew Jackson to prominence with a battle fought after the war was actually settled, far fewer realize it was another reason for America to make another invasion of Canada. Why did America find itself at war again in 1812? Where there any significant battles? Who was the opponent, and what did we achieve? We’ll look at the underlying reasons, and the battles that marked this war, as well as the impact that the events had on the future developments in America!

Monday, February 9; noon to 2 p.m.
Course # 15/FY-CPDV-2781-02

THE MISSOURI COMPROMISE – 1821
Many Americans know the name, and that it outlawed slavery above the line created by the northern border of the new state of Missouri. But the significance of the event is frequently confused with the Kansas-Nebraska Act. We’ll revisit the time to see how the compromise was crafted, and hear from some of the most important orators in American history!

Monday, February 16; noon to 2 p.m.
Course # 15/FY-CPDV- 2781-03

THE MEXICAN WAR – 1846
We all remember the Alamo, but much of the rest of the story is lost in the smoke from the fire started by that event. How does the Alamo, Texas Independence, and the Mexican War tie together? What are the major battles? We will look at the names that first became known in these dusty battles, but became far more important in the American Civil War!

Monday, March 2; noon to 2 p.m.
Course # 15/FY-CPDV- 2781-04

To register, call (712) 274-6404
PIVOTAL MOMENTS IN AMERICAN HISTORY

There are hundreds of hinge moments in our American past, points where the reasons a path was chosen was not ordained, but happened by the choice of a few people, or by luck. But many of these stories lose their meaning when they are reduced to history.

Join Russ Gifford for this series that seeks to reclaim the thrilling stories and sometimes the obscure issues that caused these events, by revisiting the moment in time, and telling the rest of the story!

**Location for all sessions:** Advanced Sciences Building, Room L304

**Fee:** No charge  
**Max:** 35  
Lifelong Learning membership not required

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**THE KANSAS-NEBRASKA ACT AND THE ROOTS OF THE CIVIL WAR**

Today Americans are told slavery had nothing to do with the Civil War. What are the roots of this conflict, and why is the reason in question? We'll step back to look at a factor important to us regionally, and how it played a huge part of the coming conflict as we see how arrogance and personal ambition lit the fuse for the American Civil War!

*Monday, March 16; noon to 2 p.m.*  
*Course # 15/FY-CPDV- 2781-05*

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**VIETNAM, PART 1 – JOHNSON’S WAR**

Last term we saw the war from the Cold War perspective. In this class, we are going into the field to define where the battles were fought, and why Vietnam was so different and so destructive to both countries. Nothing made as drastic a change in the last half of the American century as the failure of U.S. forces to achieve their aims in Vietnam. We will look at how America entered the war and the results up to 1968. In the process, we will examine what the war was and was not and learn some of the major battles and why they mattered.

*Monday, March 30; noon to 2 p.m.*  
*Course # 15/FY-CPDV- 2781-07*

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**THE SPANISH AMERICAN WAR – 1898**

Most know about San Juan Hill and the Rough Riders – but how did we end up in the Spanish American War? What other battles were fought, and what were the results of the American involvement in the pursuit of Empire?

*Monday, March 23; noon to 2 p.m.*  
*Course # 15/FY-CPDV- 2781-06*

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**VIETNAM, PART 2 – NIXON’S WAR**

The war from 1969 on had a different look as the Americans pursued Nixon’s “secret plan” for victory in Vietnam. How does the actual war and its events compare to popular knowledge of the war? Could this war have been won? And what was the result of failure?

*Monday, April 6; noon to 2 p.m.*  
*Course # 15/FY-CPDV- 2781-08*
Sometimes when a person is out photographing there are too many choices, and at other times it seems there are not enough.

This six-week class is all about taking photographs on location. Its purpose is to help a student “see” the possibilities of what to photograph and how to react in the moment.

Rain or shine – or snow – four sessions of this class will be held outdoors so students can take photographs in natural settings. You’ll discover it isn’t always the prettiest or perfect subjects that make the best photographs. Often, inspiration can be found in things that are unusual or imperfectly formed.

In the first session Jerry will go over basics of composition and lighting and general thoughts about photography. He will also outline the time and location plans for the next four sessions. This will be an opportunity for Jerry to gather e-mails and phone numbers of students so they can stay connected once the class starts meeting on location.

Jerry will be present at each site to offer advice and guidance while students are photographing images that capture their attention. In the last session, students will deliver their chosen images of the four location shoots on a thumb drive for viewing by the entire class for discussion and appreciation.

Classroom sessions will take place in the Advanced Sciences Building, Room L212 (Lot 4, Entrance #13).

Digital single lens reflex (DSRL) cameras or compact cameras are necessary for this course. Students are responsible for supplying their own camera gear.

Please see sidebar for class locations. Students are responsible for their own transportation. There will be walking involved so wear comfortable shoes and dress appropriately for the weather.

Jerry Mennenga has worked for various newspapers as a photojournalist for over 25 years. He has photographed in a variety of settings and situations and knows the value and pressure of producing images on deadline for publication. He has also learned to see beyond the obvious or to use it to make an interesting photograph of what lies before you.

**PHOTO SAFARI**

**SHOOTING PHOTOS ON LOCATION WITH INSTRUCTOR JERRY MENNENGA**

*“I work from awkwardness. By that I mean I don’t like to arrange things. If I stand in front of something, instead of arranging it, I arrange myself.” – Diane Arbus, photographer*

**Saturdays, April 18, 25, May 2, 9, 16, 23; 10 a.m. to noon, except where specified**

**April 18:** Meet at 10 a.m. (Classroom session) WITCC, Advanced Sciences Building, L212. The class will discuss composition, lighting and future locations shoots.

**April 25:** Meet at 10 a.m. Meet at Adams Homestead and Nature Preserve, McCook Lake, South Dakota, in the parking area outside the main building. The preserve is located off of I-29 North of Sioux City. From Sioux City, take exit 4, turn left onto Northshore Drive and follow the road to the Dakota Valley High school, then left at the Adams Homestead sign.

**May 2:** Meet at 6 p.m. Meet at the Student Union (18/C9 on campus map) at the University of South Dakota, Vermillion, South Dakota. Take I-29 North, use exit 26 for Highway Route 50, drive into Vermillion (becomes Dakota Ave.) and turn onto Cherry St. there is a parking lot at the student union.

**May 9:** Meet at 10 a.m. Meet at Hillview Recreation Area, Hinton, Iowa. Take Highway 75 North out of Sioux City, turn left at the stoplight in Hinton. Follow that street out of town, and the recreation area is on the right about one mile out of town. Park in the Visitor Center parking lot.

**May 16:** Meet at noon Tulip Festival in Orange City, Iowa. An annual celebration honoring the community’s Dutch Heritage. Take Highway 75 North out of Sioux City to Highway 60, to K64 to Orange City. Meet at the Sioux County Courthouse downtown.

**May 23:** Meet at 10 a.m. Classroom session. Class will meet in L212 where students will present and view photographs shot at the various locations.

**Location:** Varies

**Fee:** $50  **Max:** 15

Lifelong Learning membership required

**Course #15/FY-CPDV-2732-02**
INTRODUCTION TO ADOBE PHOTOSHOP

Individuals shoot amazing photographs everyday by luck or design. Subjects can range from a candid shot of family members, colorful fall scenes, wedding groups or something impressive seen on vacation. But sometimes the scenes captured in those images don’t quite satisfy what we had in mind. This course will introduce you to Adobe Photoshop, a software tool that enables you to manipulate the photographic image and achieve your desired results.

Students will learn basic tool operations, color correction, and some manipulation through selection cropping and/or toning of images to achieve the desired end result.

Please note for the first class, Photoshop students should bring a thumb drive or external hard drive with images preloaded for use in class.

Instructor Jerry Mennenga has worked for various daily newspaper publications for over 25 years in Illinois, Texas, Louisiana, California and Iowa. He began learning Photoshop in the mid-1990s while working in California. He has covered a variety of photographic assignments at these various publications and continues to make photographs simply for the fun and joy of it. He creates images for a blog he writes, www.lostinskiouland.com.

IMPORTANT NOTE:
Weather cancellations, see page 7 or call 712-274-6400. Dates have been held in reserve in case make-up dates are needed.

SESSION C:

Tuesdays, March 17, 24, 31, April 7, 14; 6 to 8 p.m.
Location: Dr. Robert H. Kiser Building, Room A449
Fee: $40 Max: 12
Lifelong Learning membership required
Course #15/FY-CPDV-2673-03

WIT MASTERS TOASTMASTERS CLUB

At WIT Masters Toastmasters club you’ll find a positive, fun and encouraging environment where members learn vital skills that promote self confidence, enhance leadership and foster human understanding. Participants support each other as their communication and leadership skills grow and develop using the Toastmasters International curriculum of programs. WIT Masters Toastmasters club is open to the public.

Meeting time: Tuesdays from noon to 1 p.m. in the Wells Fargo Room, except when campus is closed or credit classes are not in session.

Contacts: LeAnn Blankenburg, club officer; Tel: 712-274-8733, ext. 1802; e-mail: leann.blankenburg@witcc.edu
Brenda Bradley, club officer; Tel: 712-274-8733, ext. 1220; e-mail: brenda.bradley@witcc.edu

Membership fee: one-time new member fee ($20), semi-annual dues ($36 prorated) and club dues ($5). Student scholarships are available.
PHOTOGRAPHS WITH FLASH

Creating photographs can involve employing various photographic techniques to make the image compelling. The use of light is imperative, and sometimes using supplemental light, such as a speedlite or off-camera flash, can open up new possibilities. From shooting candids to portraits while in studio or on location, Photographs with Flash will help the advanced photographer utilize the speedlite tool more effectively.

We will explore and learn various ways of using a speedlite that allow the photographer to supplement existing available light to enhance the subject and create images with flash that are dynamic and striking. Students will learn shooting with direct, fill, and bounce flashes. Students will also learn how to place the flash off camera for creative, effective control using light modifiers such as umbrellas, soft boxes and speed grids.

Students must have a digital single lens reflex camera (DSLR) and an external flash (not just a pop-up flash in the camera body) to benefit from the class.

Instructor Jerry Mennenga has worked for various daily newspaper publications for over 25 years in Illinois, Texas, Louisiana, California and Iowa. He has covered a variety of photographic assignments at these various publications and has photographed portraits of different subjects in studio settings and on location many times.

Weather cancellations, see page 7 or call 712-274-6400. Dates have been held in reserve in case make-up dates are needed.

Thursdays, March 26, April 2, 9, 16, 23; 6 to 8 p.m.

Location: Advanced Sciences Building, L304

Fee: $40 Max: 12

Lifelong Learning membership required

Course #15/FY-CPDV-2683-02
MAKING BETTER PHOTOGRAPHS

In the digital age taking photographs is much easier than it used to be. But that doesn’t mean we all take better photographs. In this class, you will learn from a professional photographer how to dramatically improve your technique.

Making better photographs involves making the image more compelling through various techniques such as creative lighting, composition, and design elements. But most importantly, it is learning to “see” the image before pressing the shutter button.

In this five-week course, you will explore various compositional design elements such as the rule of thirds, leading lines, the use of silhouettes, and seeing shapes and patterns. The class will also explore the use of filters and various types of available lighting to achieve certain effects, which can include shooting on bright sunlit days, cloudy overcast days, in open shade and on rainy days.

The class will discuss using appropriate lenses for photographing certain types of images such as landscapes and portraiture. But, as always, rules are made to be broken. And breaking some of these rules during the class will be encouraged!

Students will shoot photos to share with other class members in the next class meeting. These will be based on simple assignments from the instructor that will allow students to explore new photographic ideas.

Instructor Jerry Mennenga has worked for various daily newspaper publications for over 25 years in Illinois, Texas, Louisiana, California and Iowa. He has covered a variety of photographic assignments at these various publications and continues to make photographs simply for the fun and joy of it. He creates images for a blog he writes, www.lostinsiouxland.com.

IMPORTANT NOTE: Weather cancellations, see page 7 or call 712-274-6400. Dates have been held in reserve in case make-up dates are needed.

SESSION C:
Mondays, March 16, 23, 30, April 6, 13; 6 to 8 p.m.
Location: Advanced Sciences Building, Room L304
Fee: $40 Max: 12
Lifelong Learning membership required
Course #15/FY-CPDV-2673-03

SESSION D:
Mondays, April 27, May 4, 11, 18 (no class May 25, college is closed), June 1; 6 to 8 p.m.
Location: Advanced Sciences Building, Room L304
Fee: $40 Max: 12
Lifelong Learning membership required
Course #15/FY-CPDV-2673-04

LIFELONG LEARNING GIFT CERTIFICATES

Are you looking for a creative gift idea? We have the perfect answer for you. You can now buy Institute for Lifelong Learning gift certificates. You can buy one or more certificates for $5 each. We will be happy to personalize the card for the person and occasion of your choice. Contact Mara Dekat, Lifelong Learning coordinator, at 712-274-8733, ext. 1864.
WEST COAST SWING DANCE
FOR BEGINNERS

Come and learn the dance that everyone wants to learn these days – West Coast Swing!

It’s been featured on national TV shows such as “Dancing with The Stars” and “So You Think You Can Dance.”

West Coast Swing is a low-impact dance that all ages can enjoy. It can be danced to many different types of music such as pop, rock, country, blues, and even hip hop.

No partner is necessary for this class. We’ll change partners so everyone gets a chance to dance.

Jess Acker is your friendly, enthusiastic instructor. She’s looking forward to getting you on your feet and helping you learn the basics. She has taught West Coast Swing for nine years in Omaha and seven years in Siouxland. Every year she competes in Swing Dance competitions around the country.

Please be sure to bring along a pair of soft-soled shoes such as running shoes or dance shoes to wear in this class, in order to protect the floor of the studio.

WITCC student ID required, see below.

Jess would be more than happy to answer any questions you may have about this class. You can contact her at 402-578-1022.

Tuesdays, March 24, 31, April 7, 14, 21; 7 to 8:15 p.m.
Location: Dr. Robert E. Dunker Center, Room W203
Fee: $25 Max: 40
Lifelong Learning membership required
Course #15/FY-CPDV-2558-02

IMPORTANT NOTE:
West Coast Swing will be held in the aerobics room in the Dr. Robert E. Dunker Center, Room W203. In order to gain access to this classroom, you will need a WITCC Student I.D.

Once registered for the class, you can obtain your I.D. free of charge from Enrollment Services, Kiser Building. Please allow time for your registration in the class as well as for your I.D. to be processed. For more information about policies regarding the Student Center, see the important note on page 5.
MOTOWN, THE MUSICAL: 
A THEATRICAL SUNDAY IN OMAHA 
Sunday, March 29; 9 a.m. to 7:30 p.m.

The Institute for Lifelong Learning is hosting a fun trip to Omaha to see Broadway’s exciting “Motown, the Musical,” now on its premier national tour.

Based on Berry Gordy’s 1994 autobiography “To Be Loved: The Music, the Magic, the Memories of Motown,” the show focuses on Gordy’s record company, Motown, and his relationships with musicians such as Marvin Gaye, Smokey Robinson, Michael Jackson and the Jackson Five, and his girlfriend, Diana Ross. During the heyday of 45s and the radio DJ, the Motown label bragged itself to be “The beat of a generation. The soul of a nation.”

Before its conclusion, “Motown, the Musical” will parade through 66 songs that are certain to activate a great many memories. It’s a celebration of the music and of America’s changing musical diversity in the 1950s. Regardless of age, this is a show for everyone. We dare you not to hum as you leave the Orpheum.

We will leave WITCC at 9 a.m., and travel in comfort by motor coach to Omaha. The performance begins at 1:30 p.m. at the Orpheum Theatre.

Location: Meet in WITCC Parking Lot 2B. Coach will arrive at 8:30 a.m. for boarding. Departure is at 9 a.m. Restroom available in The Security Institute next to Lot 2B.

Fee: $120 (includes ticket, meal, and transport)  Max: 53

Early registration is strongly recommended. Full payment is due on booking. For an addition fee of $15, you may purchase the cancellation waiver which provides a refund of the trip price at any time for any reason. We regret that there can be no refunds unless you have purchased the waiver. This waiver is non-refundable and must be purchased when the ticket is purchased.

Lifelong Learning membership required
Course # 15/FY-CPDV-2774-01
Waiver # 15/FY-CPDV-2774-02

SPACE STILL AVAILABLE!

SPRINT WITCC MUSIC EVENTS

LEWIS AND CLARK JAZZ FESTIVAL
February 23 & 24
WITCC will be hosting the 9th Annual Lewis and Clark Jazz Festival. The event is open to the public. Jazz bands, and choirs will perform throughout the day. WITCC hosts groups from Sioux City, Omaha, Sioux Falls, and many schools in the surrounding area. See page 43 for more information and location.

WITCC FACULTY SHOWCASE
Thursday, March 19; 7 p.m.
WITCC faculty William Darwin, Jr. (Baritone), and Clint Johnson (Tenor) will hold a faculty recital. Each will perform several songs from various time periods. Darwin, and Johnson are dedicated musicians, and will create an evening of rich music.

APPLIED LESSONS SHOWCASE
Thursday, April 9; 7 p.m.
Students taking applied lessons will showcase their abilities. The recital will consist of WITCC’s voice and piano students.

SPRING CHOIR RECITAL
Tuesday, May 5; 7 p.m.
WITCC choirs will hold their spring concert in Cargill Auditorium. This concert will be an upbeat, and lively performance of modern music arranged for choir.

Location for all events: Cargill Auditorium, Lot 4, Entrance 14
Fee: No charge  Max: 210
Lifelong Learning membership not required
CONCERT: OLD FAVORITES – SOME OF OURS, SOME OF THEIRS
A Mix of Cover Songs and Langley Originals Performed by Jack and Mike Langley

**Thursday, April 30; 7 p.m.**

Father and son duo, Jack and Mike Langley, both inductees in the Iowa Rock and Roll Music Association’s Hall of Fame, have been playing music together for five decades! In recent years, they have played many concerts on various themes and artists, always packing the house in Cargill Auditorium!

This special night will offer some old favorites, standards and evergreens from their own and others’ catalogs. They will play songs that have a special place in the heart, songs to come back to again and again.

Please check out www.mikelangley.com for more information on Langley songs, available on disc wherever Mike is to be found playing live!

**Location:** Cargill Auditorium, Entrance 14, Lot 4

**Fee:** No charge

**Max:** 210

Lifelong Learning membership not required

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AN EXCLUSIVE VIP TOUR
BEHIND THE SCENES OF THE IOWA PIANO COMPETITION

Don’t miss this VIP opportunity to learn about the prestigious international contest, the Iowa Piano Competition. Your behind-the-scenes guide is SCSO Music Director and Conductor **Ryan Haskins**.

Here is your chance to see how the famed Iowa Piano Competition is run and organized. Learn about the demands of managing 12, young pianists from around the world as they take over Sioux City for a three day, intensive piano competition recognized around the world as having some of the most talented pianists this generation has ever seen.

- Overview of the application process. (100 applicants get whittled down to just 12 finalists who are then invited to Sioux City for the competition.)
- Conversation about the dedication/preparation it takes to be ready to compete in an international piano competition like the IPC.
- How the 3, world renowned Judges are selected for the Competition
- Conversation about why it is so important to have Sioux City as part of the international piano competition circuit.
- Plus an informal Q&A session

The last 15 minutes will take Lifelong Learners on a behind the scenes walking tour through many of the areas that are normally off limited to the public.

- Hospitality/Practice Center (5th Floor of the Orpheum Building contains 12, individual practice rooms each with its own baby grand piano)
- The Judges table and deliberation area
- Backstage/Green Room/prepping area (where competitors wait nervously seconds before walking out on stage)

The 8th Iowa Piano Competition begins on Thursday, March 19 with three days of competition culminated in the Final Round on Saturday night with the Finalists performing with the Sioux City Symphony Orchestra at 7:30 PM.

We have cleared free parking at the First Presbyterian Church for this event which is located on the corner of 5th and Nebraska.

**Wednesday, March 18; 11:30 a.m. to 1 p.m.**

**Location:** Sioux City Orpheum, 528 Pierce Street

**Fee:** No charge

**Max:** 50

Lifelong Learning membership required

Course #15/FY-CPDV-2691-01
A special offer from The Institute for Lifelong Learning

BUDDY: THE BUDDY HOLLY STORY

Wednesday, March 25
7:30 p.m. at the Orpheum Theatre

Now in its 25th amazing year, the “World’s Most Successful Rock ‘n’ Roll Musical” continues to thrill audiences on tour in the U.K. and around the world. Viewed by more than 20 million people over 20,000 performances worldwide, Buddy opened in London’s West End in 1989, and has been seen on Broadway, throughout Canada, the U.S., Australia, New Zealand, Japan, Germany, Scandinavia, South Africa, the Netherlands and Singapore; winning numerous awards along the way. Buddy tells the story of Buddy Holly through his short yet spectacular career, and features the classic songs, “Peggy Sue,” “That'll Be The Day,” “Not Fade Away,” “Oh Boy,” Ritchie Valens’ “La Bamba,” The Big Bopper’s “Chantilly Lace” and many more!

You can save by being a Lifelong Learning Member!

Regular Ticket prices are: $57.50, $47.50 or $32.50.
But check out YOUR great prices: (level 1) $52, (level 2) $43 or (level 3) $29.50

Send a check payable to: “The Institute for Lifelong Learning” no later than Feb. 20.
Send to: Mara Dekat, Lifelong Learning, Western Iowa Tech Community College, P.O. Box 5199, Sioux City, IA 51102

• Provide name, address, telephone, number of tickets and ticket level (1,2 or 3)
• Your tickets will be at the Tyson Events Center Box Office after March 6.
• You will need a picture I.D. with the same name of the person who ordered the tickets.
• You must be a paid-up member of Lifelong Learning to qualify for this special deal!

AN INVITATION TO THE LEWIS & CLARK JAZZ FESTIVAL

Jazz comes to the campus of Western Iowa Tech Community College as the WITCC Music Department hosts the 9th annual Lewis & Clark Jazz Festival.

This is a free public event where you can listen to students from around the area engaged in spirited competition and educational clinics. The festival runs for two days, February 23 and 24.

The festival features many schools from the region. Last year’s event drew 28 big bands and 14 jazz choirs, and we anticipate similar numbers this year.

The audio engineering program at WITCC will provide sound and recording services for this annual event. The jazz choirs will sing throughout each day in L416/417; the big bands will perform in the Rocklin Conference Center. Also performing throughout the day will be WITCC’s jazz choir under the direction of WITCC’s vocal music instructor, William Darwin Jr. The ensembles will have the opportunity to work with adjudicators from around the region.

Western Iowa Tech Community College is helping to keep Jazz alive in the younger generations.

The Festival is a fun and educational event at the college. Be sure to come for all or part of this very special occasion.

Monday, February 23; 9 a.m. to 5 p.m.
Tuesday, February 24; 9 a.m. to 5 p.m.

To register, call (712) 274-6404

WITCC Spring 2015 Lifelong Learning – 43
**MOMMY AND ME SING: MAKING HARMONY AT HOME**

A music class for parents and children (age two through pre-K)

This class has been created especially for the younger generation. Come for the fun and stay for the education.

All children are musical! They are born with an aptitude for music; this will diminish though, if it's not nurtured in the first nine years of life. According to leading early-childhood researcher Dr. Edwin E. Gordon, musical aptitude is in a developmental stage from birth to age nine. While a child can certainly learn musical skills such as fingerings, breathing, and note reading after age nine, how musical a person is – how attuned his or her sense of pitch and rhythm is – is set for life by age nine. Gordon says the most effective way to nurture a child's tonal and rhythmic aptitude is to provide them with a rich environment of singing and moving.

During weekly classes, children and their caregiver(s) will participate in activities such as: singing simple songs, continuous movement, steady beat activities, playing simple instruments, and rhymes and finger plays focused on tonal and rhythm patterns.

Your friendly instructor is Amanda Vande Zande, a mother of two and a music instructor at Western Iowa Tech Community College.

One child per registered adult.

Weather cancellations, see page 7 or call 712-274-6400.

**SESSION C: 5 sessions**

_Mondays, January 26, February 2, 9, (no class February 16), 23*, March 2; 11 a.m. to noon_

*Location*: WITCC Dunker Center, Room W108A; *(Please note on February 23, class will be held in the Advanced Sciences Building, Room L304)*

_Fee_: $25  _Max_: 10  
Lifelong Learning membership required

_Course #15/FY-CPDV-2574-03_

**SESSION D: 5 sessions**

_Mondays, March 23, 30, (no class April 6), April 13, 20, 27; 11 a.m. to noon_

*Location*: WITCC Dunker Center, Room W108A

_Fee_: $25  _Max_: 10  
Lifelong Learning membership required

_Course #15/FY-CPDV-2574-04_

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**COMPOSER OF THE YEAR**

In the latest of its popular series exploring the qualities of different types of music, the Sioux City Symphony Orchestra will present an engaging and entertaining discussion on contemporary, classical music, entitled “The Magic of New Music.”

This casual discussion will include Sioux City Symphony Orchestra Music Director, Ryan Haskins, and the SCSO’s 2014-15 Composer of the Year Michael Gilbertson, whose music will be featured on the April 18 Sioux City Symphony Orchestra concert, “Purpose and Triumph” at 7:30 p.m.

Michael Gilbertson, a native of Dubuque, Iowa, has earned five Morton Gould Awards from ASCAP, a Charles Ives Scholarship from the American Academy of Arts and Letters, a BMI Student Composer Award, and the 2007-08 Palmer-Dixon Prize, awarded by the Juilliard composition faculty for the best student work of the year. His piano trio Fold by Fold received the Israel Prize from the Society for New Music. Gilbertson’s music can be heard in the 2006 documentary, Rehearsing a Dream, which was nominated for an Academy Award. His published music includes choral works with Boosey & Hawkes and G. Schirmer, and orchestral works with Theodore Presser.

Come and be a part of this unique and informal setting with Haskins and Gilbertson as they discuss the importance of music that is being written today, right here in America. This interactive presentation will include musical examples, the opportunity to peruse several of the award winning works belonging to the composer, and will end with a Q & A session with Haskins and Gilbertson.

_Wednesday, April 15; 11:30 a.m. to 1 p.m._

*Location*: Advanced Sciences Bldg, Room L304

A complimentary luncheon will be served

_Fee_: No charge  _Max_: 35  
Lifelong Learning membership required

_Course #15/FY-CPDV-2791-01_
## JANUARY

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## FEBRUARY

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<td>Senior Strength Circuit</td>
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<td>2/4</td>
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<td>Book Club: The Hundred-Year House</td>
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To register, call (712) 274-6404
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<td>Thurs.</td>
<td>1:30 p.m.</td>
<td>Aqua Fit</td>
<td>YMCA 601 Riverview</td>
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<td>2/20</td>
<td>Fri.</td>
<td>noon</td>
<td>Bacon Creek Back Porch: I Don’t Get It: Abstraction and the Art of Letting Go</td>
<td>Cargill Auditorium</td>
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<td>2/23</td>
<td>Mon.</td>
<td>9 a.m.</td>
<td>Lewis and Clark Jazz Festival</td>
<td>Advanced Sciences Bldg., L416/417</td>
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<td>2/23</td>
<td>Mon.</td>
<td>10 a.m.</td>
<td>Senior Strength Circuit</td>
<td>Dunker Building, W206</td>
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<td>11 a.m.</td>
<td>Mommy and Me Sing</td>
<td>Advanced Sciences Bldg., L304</td>
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<td>2/24</td>
<td>Tues.</td>
<td>9 a.m.</td>
<td>Lewis and Clark Jazz Festival</td>
<td>Advanced Sciences Bldg., L416/417</td>
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<td>Tues.</td>
<td>1:30 p.m.</td>
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<td>Thurs.</td>
<td>7 p.m.</td>
<td>Siouxland Film Festival 2015</td>
<td>Sioux City Art Center</td>
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<td>2/27</td>
<td>Fri.</td>
<td>7 p.m.</td>
<td>Siouxland Film Festival 2015</td>
<td>Sioux City Public Museum</td>
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<td>Sat.</td>
<td>2 p.m.</td>
<td>Siouxland Film Festival 2015</td>
<td>Sioux City Orpheum Theatre</td>
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<td>Siouxland Film Festival 2015</td>
<td>Sioux City Orpheum Theatre</td>
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**MARCH**

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<td>Mommy and Me Sing</td>
<td>Dunker Building, W108A</td>
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<td>Pivotal Moments: The Mexican War - 1846</td>
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<td>Healing Touch: Simple Pain Relief Techniques</td>
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<td>3/12</td>
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<td>How to Optimize Your Happiness Quotient</td>
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<td>Book Club: The Boys in the Boat</td>
<td>Wells Fargo Room</td>
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<td>QiGong</td>
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To register, call (712) 274-6404
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<td>Mahjong</td>
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<td>Tues.</td>
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<td>Tues.</td>
<td>6 p.m.</td>
<td>Introduction to Adobe Photoshop</td>
<td>Dr. Robert H. Kiser Bldg., A449</td>
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<td>11:30 a.m.</td>
<td>Behind the Scenes of the Iowa Piano Competition</td>
<td>Sioux City Orpheum Theatre</td>
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<td>Art and Sandwiches: Almond Blossom</td>
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<td>Photographs with Flash</td>
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<td>10:30 a.m.</td>
<td>Alzheimer’s Association: Know the 10 Signs</td>
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<td>Thurs.</td>
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<td>Yoga for Seniors</td>
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<td>Advanced Sciences Bldg., L412</td>
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<td>1:30 p.m.</td>
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<td>Thurs.</td>
<td>7 p.m.</td>
<td>WITCC Faculty Showcase</td>
<td>Cargill Auditorium</td>
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<td>Fri.</td>
<td>noon</td>
<td>Bacon Creek Back Porch: Poetry, Prose and Pictures: The Loess Hills Project</td>
<td>Wells Fargo Room</td>
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<td>3/21</td>
<td>Sat.</td>
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<td>Beginning Bird Watching</td>
<td>Advanced Sciences Bldg., L208</td>
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<td>3/21</td>
<td>Sat.</td>
<td>9 a.m.</td>
<td>Landscapes in Watercolor</td>
<td>Gaylord Smith Bldg., C129</td>
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<td>3/21</td>
<td>Sat.</td>
<td>2 p.m.</td>
<td>Camp Algona POW</td>
<td>Gleeson Room, Wilbur Aafis Library</td>
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<td>3/23</td>
<td>Mon.</td>
<td>10 a.m.</td>
<td>Senior Strength Circuit</td>
<td>Dunker Building, W206</td>
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<td>3/23</td>
<td>Mon.</td>
<td>11 a.m.</td>
<td>Mommy and Me Sing</td>
<td>Dunker Building, W108A</td>
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<td>Mon.</td>
<td>noon</td>
<td>Pivotal Moments: The Spanish American War - 1898</td>
<td>Advanced Sciences Bldg., L304</td>
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<td>3/23</td>
<td>Mon.</td>
<td>6 p.m.</td>
<td>Making Better Photographs</td>
<td>Advanced Sciences Bldg., L304</td>
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<td>Tues.</td>
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<td>QiGong</td>
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<td>1 p.m.</td>
<td>Mahjong</td>
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<td>Tues.</td>
<td>6 p.m.</td>
<td>Introduction to Adobe Photoshop</td>
<td>Dr. Robert H. Kiser Bldg., A449</td>
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<td>Tues.</td>
<td>7 p.m.</td>
<td>West Coast Swing for Beginners</td>
<td>Dunker Building, W203</td>
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<td>Falls Prevention: Balance Movement</td>
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<td>Art and Sandwiches: Almond Blossom</td>
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<td>Photographs with Flash</td>
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<td>3/25</td>
<td>Wed.</td>
<td>7:30 p.m.</td>
<td>Buddy: The Buddy Holly Story</td>
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<td>Thurs.</td>
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<td>Thurs.</td>
<td>10:30 a.m.</td>
<td>Coffee and Conversation: 1936 Olympics</td>
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<td>Thurs.</td>
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<td>Chinese Poker</td>
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<td>Introduction to the iPad</td>
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<td>Thurs.</td>
<td>6 p.m.</td>
<td>Shooting People Portraits</td>
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<td>Fri.</td>
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<td>Jackson Pollock’s “Mural” Private Tour &amp; Lunch</td>
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<td>Beginning Watercolor Painting</td>
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<td>Sun.</td>
<td>9 a.m.</td>
<td>Motown, the Musical: A Theatrical Sunday in Omaha</td>
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<td>Making Better Photographs</td>
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<td>Tues.</td>
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<td>Dunker Building, Gym</td>
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<td>1 p.m.</td>
<td>Mahjong</td>
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<td>On the Town</td>
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<td>Introduction to Adobe Photoshop</td>
<td>Dr. Robert H. Kiser Bldg., A449</td>
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**APRIL**

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<td>4/1</td>
<td>Wed.</td>
<td>6 p.m.</td>
<td>Photographs with Flash</td>
<td>Advanced Sciences Bldg., L304</td>
<td>38</td>
</tr>
<tr>
<td>4/2</td>
<td>Thurs.</td>
<td>9:30 a.m.</td>
<td>Stretch and Flex</td>
<td>Dunker Building, Gym</td>
<td>4</td>
</tr>
<tr>
<td>4/2</td>
<td>Thurs.</td>
<td>10:30 a.m.</td>
<td>Healing Touch: Headache Relief</td>
<td>Advanced Sciences Bldg., L304</td>
<td>9</td>
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<tr>
<td>4/2</td>
<td>Thurs.</td>
<td>11 a.m.</td>
<td>Yoga for Seniors</td>
<td>Dunker Building, W203</td>
<td>5</td>
</tr>
<tr>
<td>4/2</td>
<td>Thurs.</td>
<td>1 p.m.</td>
<td>Chinese Poker</td>
<td>Advanced Sciences Bldg., L329</td>
<td>29</td>
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<tr>
<td>4/2</td>
<td>Thurs.</td>
<td>6 p.m.</td>
<td>Shooting People Portraits</td>
<td>Advanced Sciences Bldg., L304</td>
<td>38</td>
</tr>
<tr>
<td>4/2</td>
<td>Thurs.</td>
<td>6 p.m.</td>
<td>Introduction to the iPad</td>
<td>Corporate College, B201</td>
<td>13</td>
</tr>
<tr>
<td>4/3</td>
<td>Fri.</td>
<td></td>
<td>No Classes (Spring Break)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4/6</td>
<td>Mon.</td>
<td>10 a.m.</td>
<td>Senior Strength Circuit</td>
<td>Dunker Building, W206</td>
<td>6</td>
</tr>
<tr>
<td>4/6</td>
<td>Mon.</td>
<td>noon</td>
<td>Pivotal Moments: Vietnam, Part 2 - Nixon’s War</td>
<td>Advanced Sciences Bldg., L304</td>
<td>35</td>
</tr>
<tr>
<td>4/6</td>
<td>Mon.</td>
<td>6 p.m.</td>
<td>Making Better Photographs</td>
<td>Advanced Sciences Bldg., L304</td>
<td>39</td>
</tr>
<tr>
<td>4/7</td>
<td>Tues.</td>
<td>9:30 a.m.</td>
<td>Stretch and Flex</td>
<td>Dunker Building, Gym</td>
<td>4</td>
</tr>
<tr>
<td>4/7</td>
<td>Tues.</td>
<td>11 a.m.</td>
<td>Creative Microwave Cooking</td>
<td>2609 Nicklaus Blvd</td>
<td>18</td>
</tr>
<tr>
<td>4/7</td>
<td>Tues.</td>
<td>1 p.m.</td>
<td>QiGong</td>
<td>Dunker Building, W203</td>
<td>7</td>
</tr>
<tr>
<td>4/7</td>
<td>Tues.</td>
<td>1 p.m.</td>
<td>Mahjong</td>
<td>Advanced Sciences Bldg., L329</td>
<td>29</td>
</tr>
<tr>
<td>4/7</td>
<td>Tues.</td>
<td>1:30 p.m.</td>
<td>Aqua Fit</td>
<td>YMCA 601 Riverview</td>
<td>5</td>
</tr>
<tr>
<td>4/7</td>
<td>Tues.</td>
<td>6 p.m.</td>
<td>Introduction to Adobe Photoshop</td>
<td>Dr. Robert H. Kiser Bldg., A449</td>
<td>37</td>
</tr>
<tr>
<td>4/7</td>
<td>Tues.</td>
<td>7 p.m.</td>
<td>West Coast Swing for Beginners</td>
<td>Dunker Building, W203</td>
<td>40</td>
</tr>
<tr>
<td>4/8</td>
<td>Wed.</td>
<td>9:15 a.m.</td>
<td>Falls Prevention: Balance Movement</td>
<td>Dunker Building, W206</td>
<td>6</td>
</tr>
<tr>
<td>4/8</td>
<td>Wed.</td>
<td>10 a.m.</td>
<td>Senior Strength Circuit</td>
<td>Dunker Building, W206</td>
<td>6</td>
</tr>
<tr>
<td>4/8</td>
<td>Wed.</td>
<td>6 p.m.</td>
<td>Photographs with Flash</td>
<td>Advanced Sciences Bldg., L304</td>
<td>38</td>
</tr>
<tr>
<td>4/9</td>
<td>Thurs.</td>
<td>9:30 a.m.</td>
<td>Stretch and Flex</td>
<td>Dunker Building, Gym</td>
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<tr>
<td>Date</td>
<td>Day</td>
<td>Time</td>
<td>Event</td>
<td>Location</td>
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<tr>
<td>4/9</td>
<td>Thurs.</td>
<td>10:30 a.m.</td>
<td>Coffee and Conversation: Sioux City's Top Ten Celebrations</td>
<td>Dunker Building, W108</td>
<td>19</td>
</tr>
<tr>
<td>4/9</td>
<td>Thurs.</td>
<td>11 a.m.</td>
<td>Yoga for Seniors</td>
<td>Dunker Building, W203</td>
<td>5</td>
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<tr>
<td>4/9</td>
<td>Thurs.</td>
<td>1 p.m.</td>
<td>Chinese Poker</td>
<td>Advanced Sciences Bldg., L329</td>
<td>29</td>
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<tr>
<td>4/9</td>
<td>Thurs.</td>
<td>1:30 p.m.</td>
<td>Aqua Fit</td>
<td>YMCA 601 Riverview</td>
<td>5</td>
</tr>
<tr>
<td>4/9</td>
<td>Thurs.</td>
<td>6 p.m.</td>
<td>Shooting People Portraits</td>
<td>Advanced Sciences Bldg., L304</td>
<td>38</td>
</tr>
<tr>
<td>4/9</td>
<td>Thurs.</td>
<td>7 p.m.</td>
<td>Ancient Egypt: The Lost City of Amarna</td>
<td>Advanced Sciences Bldg., L212</td>
<td>30</td>
</tr>
<tr>
<td>4/9</td>
<td>Thurs.</td>
<td>7 p.m.</td>
<td>Applied Lessons Showcase</td>
<td>Cargill Auditorium</td>
<td>41</td>
</tr>
<tr>
<td>4/10</td>
<td>Fri.</td>
<td>10:30 a.m.</td>
<td>A Legacy of Caring: The Mary Treglia Community Center</td>
<td>900 Jennings Street, Sioux City</td>
<td>11</td>
</tr>
<tr>
<td>4/10</td>
<td>Fri.</td>
<td>noon</td>
<td>Bacon Creek Back Porch: Vernon Tott, WWII Veteran and Photographer</td>
<td>Wells Fargo Room</td>
<td>28</td>
</tr>
<tr>
<td>4/11</td>
<td>Sat.</td>
<td>8 a.m.</td>
<td>Beginning Bird Watching</td>
<td>Walmart Singing Hills parking lot</td>
<td>27</td>
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<tr>
<td>4/11</td>
<td>Sat.</td>
<td>9 a.m.</td>
<td>Landscapes in Watercolor</td>
<td>Gaylord Smith Bldg., C129</td>
<td>23</td>
</tr>
<tr>
<td>4/11</td>
<td>Sat.</td>
<td>2 p.m.</td>
<td>Beginning Watercolor Painting</td>
<td>Gaylord Smith Bldg., C129</td>
<td>23</td>
</tr>
<tr>
<td>4/12</td>
<td>Sun.</td>
<td>2 p.m.</td>
<td>Concert: Music of the 1940s</td>
<td>Lewis and Clark Interpretive Center</td>
<td>26</td>
</tr>
<tr>
<td>4/13</td>
<td>Mon.</td>
<td>10 a.m.</td>
<td>Senior Strength Circuit</td>
<td>Dunker Building, W206</td>
<td>6</td>
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<tr>
<td>4/13</td>
<td>Mon.</td>
<td>11 a.m.</td>
<td>Mommy and Me Sing</td>
<td>Dunker Building, W108A</td>
<td>44</td>
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<tr>
<td>4/13</td>
<td>Mon.</td>
<td>11:45 a.m.</td>
<td>Book Club: The 100-Year-Old Man Who Climbed Out the Window and Disappeared</td>
<td>Wells Fargo Room</td>
<td>25</td>
</tr>
<tr>
<td>4/13</td>
<td>Mon.</td>
<td>6 p.m.</td>
<td>Making Better Photographs</td>
<td>Advanced Sciences Bldg., L304</td>
<td>39</td>
</tr>
<tr>
<td>4/14</td>
<td>Tues.</td>
<td>9:30 a.m.</td>
<td>Stretch and Flex</td>
<td>Dunker Building, Gym</td>
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<tr>
<td>4/14</td>
<td>Tues.</td>
<td>11 a.m.</td>
<td>QiGong</td>
<td>Dunker Building, W203</td>
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<tr>
<td>4/14</td>
<td>Tues.</td>
<td>1 p.m.</td>
<td>Mahjong</td>
<td>Advanced Sciences Bldg., L329</td>
<td>29</td>
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<tr>
<td>4/14</td>
<td>Tues.</td>
<td>1:30 p.m.</td>
<td>Aqua Fit</td>
<td>YMCA 601 Riverview</td>
<td>5</td>
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<tr>
<td>4/14</td>
<td>Tues.</td>
<td>1:30 p.m.</td>
<td>Flower Arranging for Spring</td>
<td>Gordon Drive Hy-Vee</td>
<td>29</td>
</tr>
<tr>
<td>4/14</td>
<td>Tues.</td>
<td>6 p.m.</td>
<td>Introduction to Adobe Photoshop</td>
<td>Dr. Robert H. Kiser Bldg., A449</td>
<td>37</td>
</tr>
<tr>
<td>4/14</td>
<td>Tues.</td>
<td>7 p.m.</td>
<td>West Coast Swing for Beginners</td>
<td>Dunker Building, W203</td>
<td>40</td>
</tr>
<tr>
<td>4/15</td>
<td>Wed.</td>
<td>9:15 a.m.</td>
<td>Falls Prevention: Balance Movement</td>
<td>Dunker Building, W206</td>
<td>6</td>
</tr>
<tr>
<td>4/15</td>
<td>Wed.</td>
<td>10 a.m.</td>
<td>Senior Strength Circuit</td>
<td>Dunker Building, W206</td>
<td>6</td>
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<tr>
<td>4/15</td>
<td>Wed.</td>
<td>11:30 a.m.</td>
<td>Composer of the Year</td>
<td>Sioux City Orpheum Theatre</td>
<td>44</td>
</tr>
<tr>
<td>4/15</td>
<td>Wed.</td>
<td>6 p.m.</td>
<td>Photographs with Flash</td>
<td>Advanced Sciences Bldg., L304</td>
<td>38</td>
</tr>
<tr>
<td>4/15</td>
<td>Wed.</td>
<td>6:30 p.m.</td>
<td>President Franklin D. Roosevelt</td>
<td>Cargill Auditorium</td>
<td>32</td>
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<tr>
<td>4/16</td>
<td>Thurs.</td>
<td>9:30 a.m.</td>
<td>Stretch and Flex</td>
<td>Dunker Building, Gym</td>
<td>4</td>
</tr>
<tr>
<td>4/16</td>
<td>Thurs.</td>
<td>11 a.m.</td>
<td>Yoga for Seniors</td>
<td>Dunker Building, W203</td>
<td>5</td>
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<tr>
<td>4/16</td>
<td>Thurs.</td>
<td>1 p.m.</td>
<td>Chinese Poker</td>
<td>Advanced Sciences Bldg., L329</td>
<td>29</td>
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<tr>
<td>4/16</td>
<td>Thurs.</td>
<td>1:30 p.m.</td>
<td>Aqua Fit</td>
<td>YMCA 601 Riverview</td>
<td>5</td>
</tr>
<tr>
<td>4/16</td>
<td>Thurs.</td>
<td>6 p.m.</td>
<td>Shooting People Portraits</td>
<td>Advanced Sciences Bldg., L304</td>
<td>38</td>
</tr>
<tr>
<td>4/17</td>
<td>Fri.</td>
<td>noon</td>
<td>President Franklin D. Roosevelt</td>
<td>Cargill Auditorium</td>
<td>33</td>
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<tr>
<td>4/18</td>
<td>Sat.</td>
<td>9 a.m.</td>
<td>Landscapes in Watercolor</td>
<td>Gaylord Smith Bldg., C129</td>
<td>23</td>
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To register, call (712) 274-6404
<table>
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<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>Event</th>
<th>Location</th>
<th>Page</th>
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<tbody>
<tr>
<td>4/18</td>
<td>Sat.</td>
<td>10 a.m.</td>
<td>Photo Safari</td>
<td>Advanced Sciences Bldg., L212</td>
<td>36</td>
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<tr>
<td>4/18</td>
<td>Sat.</td>
<td>2 p.m.</td>
<td>Beginning Watercolor Painting</td>
<td>Gaylord Smith Bldg., C129</td>
<td>23</td>
</tr>
<tr>
<td>4/20</td>
<td>Mon.</td>
<td>10 a.m.</td>
<td>Senior Strength Circuit</td>
<td>Dunker Building, W206</td>
<td>6</td>
</tr>
<tr>
<td>4/20</td>
<td>Mon.</td>
<td>11 a.m.</td>
<td>Mommy and Me Sing</td>
<td>Dunker Building, W108A</td>
<td>44</td>
</tr>
<tr>
<td>4/21</td>
<td>Tues.</td>
<td>9:30 a.m.</td>
<td>Stretch and Flex</td>
<td>Dunker Building, Gym</td>
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<tr>
<td>4/21</td>
<td>Tues.</td>
<td>11 a.m.</td>
<td>QiGong</td>
<td>Advanced Sciences Bldg., L329</td>
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<tr>
<td>4/21</td>
<td>Tues.</td>
<td>1:30 p.m.</td>
<td>Aqua Fit</td>
<td>YMCA 601 Riverview</td>
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</tr>
<tr>
<td>4/21</td>
<td>Tues.</td>
<td>1:30 p.m.</td>
<td>The Glenn Miller Story</td>
<td>Cargill Auditorium</td>
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<tr>
<td>4/21</td>
<td>Tues.</td>
<td>7 p.m.</td>
<td>West Coast Swing for Beginners</td>
<td>Dunker Building, W203</td>
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<tr>
<td>4/22</td>
<td>Wed.</td>
<td>9:15 a.m.</td>
<td>Falls Prevention: Balance Movement</td>
<td>Dunker Building, W206</td>
<td>6</td>
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<tr>
<td>4/22</td>
<td>Wed.</td>
<td>10 a.m.</td>
<td>Senior Strength Circuit</td>
<td>Dunker Building, W206</td>
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<tr>
<td>4/22</td>
<td>Wed.</td>
<td>10:30 a.m.</td>
<td>European Travel</td>
<td>Wells Fargo Room</td>
<td>30</td>
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<tr>
<td>4/23</td>
<td>Thurs.</td>
<td>9:30 a.m.</td>
<td>Stretch and Flex</td>
<td>Dunker Building, Gym</td>
<td>4</td>
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<tr>
<td>4/23</td>
<td>Thurs.</td>
<td>10:30 a.m.</td>
<td>Coffee and Conversation:</td>
<td>Advanced Sciences Bldg., L416/417</td>
<td>20</td>
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<td></td>
<td></td>
<td></td>
<td>United Airlines Flight 232: 19 July 1989</td>
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<tr>
<td>4/23</td>
<td>Thurs.</td>
<td>11 a.m.</td>
<td>Yoga for Seniors</td>
<td>Dunker Building, W203</td>
<td>5</td>
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<tr>
<td>4/23</td>
<td>Thurs.</td>
<td>1 p.m.</td>
<td>Chinese Poker</td>
<td>Advanced Sciences Bldg., L329</td>
<td>29</td>
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<tr>
<td>4/23</td>
<td>Thurs.</td>
<td>1:30 p.m.</td>
<td>Aqua Fit</td>
<td>YMCA 601 Riverview</td>
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<tr>
<td>4/23</td>
<td>Thurs.</td>
<td>6 p.m.</td>
<td>Shooting People Portraits</td>
<td>Advanced Sciences Bldg., L304</td>
<td>38</td>
</tr>
<tr>
<td>4/23</td>
<td>Thurs.</td>
<td>7 p.m.</td>
<td>Ancient Egypt: Ask the Egyptologist</td>
<td>Advanced Sciences Bldg., L212</td>
<td>30</td>
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<tr>
<td>4/24</td>
<td>Fri.</td>
<td>10:30 a.m.</td>
<td>Historic Buildings, Downtown Living, &amp; Fine Food</td>
<td>United Center Building, 302 Jones St.</td>
<td>12</td>
</tr>
<tr>
<td>4/25</td>
<td>Sat.</td>
<td>9 a.m.</td>
<td>Intermediate Watercolor</td>
<td>Gaylord Smith Bldg., C129</td>
<td>23</td>
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<tr>
<td>4/25</td>
<td>Sat.</td>
<td>10 a.m.</td>
<td>Photo Safari</td>
<td>Adams Homestead and Nature Preserve</td>
<td>36</td>
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<tr>
<td>4/25</td>
<td>Mon.</td>
<td>10 a.m.</td>
<td>Senior Strength Circuit</td>
<td>Dunker Building, W206</td>
<td>6</td>
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<tr>
<td>4/25</td>
<td>Mon.</td>
<td>11 a.m.</td>
<td>Mommy and Me Sing</td>
<td>Dunker Building, W108A</td>
<td>44</td>
</tr>
<tr>
<td>4/25</td>
<td>Mon.</td>
<td>6 p.m.</td>
<td>Making Better Photographs</td>
<td>Advanced Sciences Bldg., L304</td>
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<tr>
<td>4/28</td>
<td>Tues.</td>
<td>9:30 a.m.</td>
<td>Stretch and Flex</td>
<td>Dunker Building, Gym</td>
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<tr>
<td>4/28</td>
<td>Tues.</td>
<td>11 a.m.</td>
<td>QiGong</td>
<td>Dunker Building, W203</td>
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<tr>
<td>4/28</td>
<td>Tues.</td>
<td>1 p.m.</td>
<td>Mahjong</td>
<td>Advanced Sciences Bldg., L329</td>
<td>29</td>
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<tr>
<td>4/28</td>
<td>Tues.</td>
<td>1:30 p.m.</td>
<td>Aqua Fit</td>
<td>YMCA 601 Riverview</td>
<td>5</td>
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<tr>
<td>4/28</td>
<td>Tues.</td>
<td>6 p.m.</td>
<td>A Night of Bubbles</td>
<td>WineStyles, 5002 Sergeant Rd.</td>
<td>17</td>
</tr>
<tr>
<td>4/28</td>
<td>Tues.</td>
<td>7 p.m.</td>
<td>West Coast Swing Intermediate Level</td>
<td>Dunker Building, W203</td>
<td>40</td>
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<tr>
<td>4/29</td>
<td>Wed.</td>
<td>11:45 a.m.</td>
<td>World Cuisines and Cultures: Spain</td>
<td>2525 Nebraska St.</td>
<td>18</td>
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<tr>
<td>4/29</td>
<td>Wed.</td>
<td>6:30 p.m.</td>
<td>Iowans and the American Civil War, 1863-1865</td>
<td>Cargill Auditorium</td>
<td>31</td>
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<td>4/30</td>
<td>Thurs.</td>
<td>9:30 a.m.</td>
<td>Stretch and Flex</td>
<td>Dunker Building, Gym</td>
<td>4</td>
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<tr>
<td>4/30</td>
<td>Thurs.</td>
<td>10:30 a.m.</td>
<td>Coffee and Conversation: Designing Sioux City</td>
<td>Advanced Sciences Bldg., L416/417</td>
<td>20</td>
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<td>4/30</td>
<td>Thurs.</td>
<td>1 p.m.</td>
<td>Chinese Poker</td>
<td>Advanced Sciences Bldg., L329</td>
<td>29</td>
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<td>4/30</td>
<td>Thurs.</td>
<td>1:30 p.m.</td>
<td>Aqua Fit</td>
<td>YMCA 601 Riverview</td>
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<tr>
<td>4/30</td>
<td>Thurs.</td>
<td>7 p.m.</td>
<td>Concert: Old Favorites</td>
<td>Cargill Auditorium</td>
<td>42</td>
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**MAY**

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<tr>
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<th>Event</th>
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<tr>
<td>5/1</td>
<td>Fri.</td>
<td>noon</td>
<td>Iowans and the American Civil War, 1863-1865</td>
<td>Cargill Auditorium</td>
<td>31</td>
</tr>
<tr>
<td>5/2</td>
<td>Sat.</td>
<td>9 a.m.</td>
<td>Intermediate Watercolor</td>
<td>Gaylord Smith Bldg., C129</td>
<td>23</td>
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To register, call (712) 274-6404
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<td>10 a.m. Photo Safari</td>
<td>University of South Dakota Student Union</td>
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<td>Mon.</td>
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<td>Advanced Sciences Bldg., L304</td>
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<tr>
<td>5/5</td>
<td>Tues.</td>
<td>11 a.m. Creative Microwave Cooking</td>
<td>2609 Nicklaus Blvd</td>
<td>18</td>
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<td>5/5</td>
<td>Tues.</td>
<td>11 a.m. QiGong</td>
<td>Dunker Building, W203</td>
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<tr>
<td>5/5</td>
<td>Tues.</td>
<td>1 p.m. Mahjong</td>
<td>Advanced Sciences Bldg., L329</td>
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<td>5/5</td>
<td>Tues.</td>
<td>1:30 p.m. Aqua Fit</td>
<td>YMCA 601 Riverview</td>
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<td>5/5</td>
<td>Tues.</td>
<td>7 p.m. Spring Choir Recital</td>
<td>Cargill Auditorium</td>
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<td>Tues.</td>
<td>7 p.m. West Coast Swing Intermediate Level</td>
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<td>1:30 p.m. Aqua Fit</td>
<td>YMCA 601 Riverview</td>
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<td>5/8</td>
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<td>11 a.m. Adventures in Cooking</td>
<td>Hy-Vee, 2827 Hamilton Blvd.</td>
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<td>Fri.</td>
<td>noon Bacon Creek Back Porch</td>
<td>Wells Fargo Room</td>
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<td>5/9</td>
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<tr>
<td>5/9</td>
<td>Sat.</td>
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<td>Hillview Recreation Area, Hinton, Iowa</td>
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<td>Mon.</td>
<td>11:45 a.m. Book Club: My Name Is Mary Sutter</td>
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<td>5/12</td>
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<td>5/12</td>
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<td>5/12</td>
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<td>5/15</td>
<td>Fri.</td>
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<td>5/16</td>
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<td>5/16</td>
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<td>5/16</td>
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<td>5/18</td>
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<td>1:30 p.m. Flower Arranging for Spring</td>
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<td>5/19</td>
<td>Tues.</td>
<td>11 a.m. QiGong</td>
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<td>5/19</td>
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<td>1 p.m. Mahjong</td>
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<td>5/19</td>
<td>Tues.</td>
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<td>Tues.</td>
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<td>5/26</td>
<td>Tues.</td>
<td>1:30 p.m. Aqua Fit</td>
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<td>5/26</td>
<td>Tues.</td>
<td>6 p.m. Wine Appreciation: California</td>
<td>WineStyles, 5002 Sergeant Rd.</td>
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<td>5/26</td>
<td>Tues.</td>
<td>7 p.m. West Coast Swing Intermediate Level</td>
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<tr>
<td>5/27</td>
<td>Wed.</td>
<td>11:45 a.m. World Cuisines and Cultures: Egypt</td>
<td>2525 Nebraska St.</td>
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<td>Advanced Sciences Bldg., L329</td>
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</tr>
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<td>6/4</td>
<td>Thurs.</td>
<td>1:30 p.m.</td>
<td>Aqua Fit</td>
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<td>6/4</td>
<td>Thurs.</td>
<td>5:30 a.m.</td>
<td>New York City-Tony Awards Tour</td>
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<td>6/5</td>
<td>Fri.</td>
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<td>New York City-Tony Awards Tour</td>
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<tr>
<td>6/6</td>
<td>Sat.</td>
<td></td>
<td>New York City-Tony Awards Tour</td>
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<tr>
<td>6/7</td>
<td>Sun.</td>
<td></td>
<td>New York City-Tony Awards Tour</td>
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<tr>
<td>6/8</td>
<td>Mon.</td>
<td>11 p.m.</td>
<td>New York City-Tony Awards Tour</td>
<td>WITCC Parking Lot 2B</td>
<td>10</td>
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<tr>
<td>6/9</td>
<td>Tues.</td>
<td>1:30 p.m.</td>
<td>Aqua Fit</td>
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<td>6/10</td>
<td>Wed.</td>
<td>noon</td>
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<td>6/16</td>
<td>Tues.</td>
<td>11 a.m.</td>
<td>Creative Microwave Cooking</td>
<td>2609 Nicklaus Blvd</td>
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<td>6/25</td>
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<td>1:30 p.m.</td>
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</table>
LIFELONG LEARNING PARTICIPATION
Our programs are geared toward people who are 50 and over. Many of our participants are retired; many are Baby Boomers who are still in full-time employment.

However, we welcome people of all ages to participate. You are never too young or too old to learn!

LIFELONG LEARNING MEMBERSHIP
The annual membership fee for Lifelong Learning is $5 per school year (July 1 through June 30). Membership is a requirement for many classes. Members receive special mailings. Occasionally, they may receive free tickets to special events.

REGISTRATION
Registration is a requirement for participation in most Lifelong Learning classes. You can register by phone, in person or by mail on or before the first session of the class.

During daytime hours, you can register for classes, including Lifelong Learning membership, at the Registration Office in the Dr. Robert H. Kiser Building.

During evening hours and on Saturday mornings, you can register at the Admissions Office in the Dr. Robert H. Kiser Building.

When registering, please give your name, address, day and evening phone number. If you are registering more than one person, please provide this information for each person.

We do not mail out written confirmation of your registration. If you need information or want to check any details about your class, call Registration at (712) 274-6404.

PAYMENT
Payment is required in full on or before the first time the class meets. You can send in your check with your registration or you can pay in person at the Business Office in the Dr. Robert H. Kiser Building during normal hours. During evenings and Saturday mornings, you can pay at the Admissions Office, Entrance 1, Lot 1. You can also pay by credit card.

WAITING LISTS
A lot of our tours and smaller classes fill up quickly. If you find that one of your selections is full, we encourage you to put your name on the waiting list. To check your status after you have been wait listed, please call Registration at 712-274-6404.

CANCELLATION POLICY FOR CLASSES
Remember to cancel your registration if you can’t attend. You will be charged for any class which has a fee that you register for but don’t attend.

Cancellations must be directed to WITCC Registration no less than two business days before the start of the class (712-274-6404) or (800-352-4649, extension 6404).

CANCELLATION POLICY FOR ONE-DAY TOURS
Full payment must be made no later than seven days prior to the day of the tour or your reservation will be canceled. There will be no refunds for no-shows or cancellations made less than two business days before the tour. Cancellations must be directed to WITCC Registration, 712-274-6404 or 800-352-4649, extension 6404.

Special conditions apply to tours longer than one day and theatre/opera trips.

CANCELED CLASSES DUE TO LOW ENROLLMENT
Lifelong Learning classes are almost never canceled due to low enrollment. If this should happen, we will do everything possible to notify you in advance and we will send you a full refund by mail.

CANCELED CLASSES DUE TO WEATHER, ILLNESS AND OTHER CAUSES
If the college closes due to bad weather, announcements will be made on the media and on the college answering machine. It is rare for all classes to be canceled. If you are in doubt about whether classes will take place because of weather conditions, be sure to call WITCC’s main number: 712-274-6400.

Sometimes a class is canceled at short notice due to unforeseen circumstances concerning the instructor (an accident, a bereavement, illness, localized weather conditions). In these cases, we do all we can to inform registered students in a timely fashion. This is why it’s important for us to have your telephone number(s). Sometimes, it isn’t possible to reach you in time. In these circumstances, we will work with you to find a satisfactory resolution.
Western Iowa Tech Community College
Sioux City Campus
4647 Stone Avenue

Main road on campus is one-way

Entrance for Cargill Auditorium, D103

Wells Fargo Room, L110

ADS Advanced Sciences
APT Applied Technology
BOS Bur Oak Suites – Housing
CCO Corporate College
GSM Gaylord Smith Building
KWIT KWIT/ KOJI Radio
PHY Physical Plant
RED Dr. Robert E. Dunker Student Center
RHK Dr. Robert H. Kiser Building
SRC Sun Ridge Court – Housing
TRC Transportation Center
TSI The Security Institute
1-6 Public Parking
– Pedestrian Crosswalks
To register, call (712) 274-6404

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